



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Nursing in Menopause							
Course Code		HDK629		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	100 (<i>Hours</i>)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To understand biopsychosocial period needs of climacteric women and families							
Course Content		This course includes climacteric period biopsychosocial care needs of women and families related to diagnosing and troubleshooting, physio-pathology, menopausal symptoms and risk factors, menopause occurring chronic health problems, menopause treatment options , improving quality of life with care plan, creating a self-care .							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Taşkın, L. (2011). Doğum ve Kadın Sağlığı Hemşireliği. Genişletilmiş 10. basım, Sistem Ofset Matbaacılık, Ankara
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Week	Weekly Detailed Course Contents	
1	Theoretical	Menopause definitions, terminology, and pathophysiology
2	Theoretical	Globally aging and menopause
3	Theoretical	Menopause and sexual life
4	Theoretical	Menopause and mental status
5	Theoretical	Menopause and changes in body
6	Theoretical	Menopause and systemic changes
7	Theoretical	Menopausal symptoms and risk factors
8	Intermediate Exam	Midterm Exam
9	Theoretical	Menopause and chronic health problems
10	Theoretical	Menopause treatment options and quality of life
11	Theoretical	Self-care for women in menopause
12	Theoretical	Basic requirements in menopausal women
13	Theoretical	The roles and functions of nurses in the menopausal period
14	Final Exam	final exam
15	Theoretical	Evaluation

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	2	2	52
Assignment	1	10	2	12
Term Project	1	10	2	12
Midterm Examination	1	10	2	12
Final Examination	1	10	2	12
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	1. To describe physio-pathology of the menopause
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2	2. To associate menopausal symptoms and factors influencing
3	3. To identify chronic health problems that arise in Menopause
4	4. To compare and criticize opinions about menopause treatment options
5	5. To enhance the quality of life in menopause
6	6. To increase self-care for menopausal women

Programme Outcomes (*Obstetrics and Gynecology Nursing Doctorate*)

1	.
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	3	3	3	4	3	3
P2	4	3	4	3	4	4
P3	3	2	4	3	2	3
P4	4	3	4	2	4	4
P5	2	2	3	4	2	3
P6	2	2	3	3	4	4

