



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Breastfeeding and Breastfeeding Counseling							
Course Code		HDK638		Course Level		Third Cycle (Doctorate Degree)			
ECTS Credit	4	Workload	100 ( <i>Hours</i> )	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		To able breast milk and understanding the importance of breastfeeding, breastfeeding and to gain self-confidence in increasing assurance to individuals and to learn guiding in breastfeeding to baby.							
Course Content		The importance of breastfeeding, successful breastfeeding, listening and learning to achieve, health practices, gain confidence and presented to support and skill development breastfeeding to baby.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Case Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Bulut A, Gökçay G, Neyzi O, Uzel N (1994). Anne ve çocuk sağlığında öncelikler. Neyzi o (ed). Nobel tıp kitabevleri, İstanbul
2	Burroughs A, Leifer G (2001). Maternity nursing: An Introductory Text. W.B. Saunders Company, USA
3	T.C.Sağlık Bakanlığı. Emzirme danışmanlığı el kitabı. T.C. Sağlık Bakanlığı Ana Çocuk Sağlığı ve Aile Planlaması Genel Müdürlüğü, Ankara
4	T.C.Sağlık Bakanlığı (2009). Güvenli annelik. Cinsel sağlık ve üreme sağlığı. T.C.Sağlık Bakanlığı Ana Çocuk Sağlığı Ve Aile Planlaması Genel Müdürlüğü Ankara
5	World Health Organization and Unicef (2009). Baby-friendly hospital initiative. Section 3, Breastfeeding promotion and support in a baby-friendly hospital. Erişim: 13.06.2012, <a href="http://whqlibdoc.who.int/publications/2009/9789241594981_eng.pdf">http://whqlibdoc.who.int/publications/2009/9789241594981_eng.pdf</a>

Week	Weekly Detailed Course Contents	
1	Theoretical	The importance and the benefits of breast milk and breastfeeding
2	Theoretical	Changes that occur during pregnancy and milk production physiology
3	Theoretical	Local breastfeeding status
4	Theoretical	breastfeeding
5	Theoretical	Listening and learning skills
6	Theoretical	Listening and learning skills
7	Theoretical	Evaluation and monitoring of breastfeeding
8	Intermediate Exam	midterm exam
9	Theoretical	Gain confidence and giving support
10	Theoretical	Gain confidence and giving support
11	Theoretical	Conditions associated with breast
12	Theoretical	Conditions associated with breast
13	Theoretical	History taking Rejection of the nozzle
14	Theoretical	Insufficient milk, Cry
15	Theoretical	final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	13	2	2	52
Assignment	1	10	2	12
Term Project	1	10	2	12
Midterm Examination	1	10	2	12



Final Examination	1	10	2	12
Total Workload (Hours)				100
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	To be able to explain importance of breast milk and breastfeeding
2	To be able to explain benefits of breastfeeding for the health of baby
3	To be able to guide mother for breastfeeding to baby
4	To be able to doing consultation with Breastfeeding
5	To be able to explain benefits of breastfeeding for the health of mother

### Programme Outcomes (Obstetrics and Gynecology Nursing Doctorate)

1	.
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	3	3	3		
P2	4	3	4		
P3	3	2		3	
P4	4	3	3	3	
P5	4	4		4	
P6	3	2			2

