



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Exercise and the Cardiovascular System							
Course Code		SFZ532		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	6	Workload	152 ( <i>Hours</i> )	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		Understanding the relationship between circulatory system and exercise physiology							
Course Content		Circulatory system and exercise physiology							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	Konu ile ilgili tüm kaynaklar
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Week	Weekly Detailed Course Contents	
1	Theoretical	theoretical course
2	Theoretical	Theoretical course
3	Theoretical	Theoretical course
4	Theoretical	Theoretical course
5	Theoretical	Theoretical course
6	Theoretical	Theoretical course
7	Theoretical	Theoretical course
8	Practice	Practical courses
9	Practice	Practical courses
10	Practice	Practical courses
11	Practice	Practical courses
12	Practice	Practical courses
13	Practice	Practical courses
14	Practice	Practical courses

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	2	2	56
Reading	10	0	4	40
Total Workload (Hours)				152
[Total Workload (Hours) / 25*] = ECTS				6

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	
2	
3	
4	
5	



**Programme Outcomes** (*Sport Physiology Interdisciplinary Master's Without Thesis*)

1	Have basic general knowledge about the field of exercise physiology master program
2	Defines the systemic effects of exercise and exercise
3	To have the ability to make original work related to the field of Exercise Physiology master Program.
4	Reviews of exercise mechanisms
5	Has the ability to comply with ethical principles

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	4	3	5	5
P2	4	4	3	5	5
P3	5	4	4	4	4
P4	5	5	4	4	4
P5	4	4	4	4	4

