AYDIN ADNAN MENDERES UNIVERSITY
COURSE INFORMATION FORM

Course Title		Exercise and the Respiratory System					
Course Code		SFZ533		Couse Level	Second Cycle (Master's Degree)		
ECTS Credit	6	Workload	152 *(Hours)*	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		To teach the relationship between respiratory physiology and exercise physiology					
Course Content		Physiology of exercise with respiratory system					
Work Placement		N/A					
Planned Learning Activities and Teaching Methods		Explanation (Presentation), Individual Study					
Name of Lecturer(s)							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Konu ile ilgili kaynaklar

Week	Weekly Detailed Course Contents	
1	Theoretical	Theoric course
2	Theoretical	Theoric course
3	Theoretical	Theoric course
4	Theoretical	Theoric course
5	Theoretical	Theoric course
6	Theoretical	Theoric course
7	Theoretical	Theoric course
8	Practice	Practicals
9	Practice	Practicals
10	Practice	Practicals
11	Practice	Practicals
12	Practice	Practicals
13	Practice	Practicals
14	Practice	Practicals

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Lecture - Practice	14	2	2	56
Reading	10	0	4	40
			Total Workload (Hours)	152
			[Total Workload (Hours) / 25*] = **ECTS**	6

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	
2	
3	
4	
5	

Programme Outcomes *(Sport Physiology Interdisciplinary Master's Without Thesis)*

1	Have basic general knowledge about the field of exercise physiology master program
2	Defines the systemic effects of exercise and exercise
3	To have the ability to make original work related to the field of Exercise Physiology master Program.
4	Reviews of exercise mechanisms
5	Has the ability to comply with ethical principles

Contribution of Learning Outcomes to Programme Outcomes *1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High*

	L1	L2	L3	L4	L5
P1	4	4	4	5	3
P2	4	4	4	5	3
P3	5	5	5	4	5
P4	5	5	5	4	5
P5	4	4	4	4	4