



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|---|----------------------|--|---|--------------------------------|---|------------|---|
| Course Title | | Temporomandibular Joint Disorders and Treatment Approaches | | | | | | | |
| Course Code | | ORD626 | | Course Level | | Third Cycle (Doctorate Degree) | | | |
| ECTS Credit | 6 | Workload | 150 (<i>Hours</i>) | Theory | 3 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | To teach the classification, signs and symptoms of temporomandibular disorders. | | | | | | | |
| Course Content | | Temporomandibular disorders definition, classification, etiology, symptoms, diagnosis, clinical findings. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Individual Study | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 60 |

Recommended or Required Reading

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| 1 | Okeson JP. Orofacial Pain. Guidelines for Assessment, Diagnosis, and Management. Quintessence Publishing Co, Inc, Illinois, 1996. |
| 2 | Okeson JP. Bell's Orofacial Pains. 5th ed Quintessence Publishing Co, Inc, Illinois, 1995. |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | Identification of temporomandibular disorders |
| 2 | Theoretical | The classification of temporomandibular disorders |
| 3 | Theoretical | The diagnosis of temporomandibular disorders |
| 4 | Theoretical | Description of pain and myofasiyal dysfunction |
| 5 | Theoretical | Etiological factors of the myofasiyal pain and dysfunction |
| 6 | Theoretical | Exacerbating factors in myofasiyal pain and dysfunction |
| 7 | Theoretical | Myofasiyal pain and dysfunction symptoms and clinical findings |
| 8 | Intermediate Exam | Midterm Exam |
| 9 | Theoretical | Identification and etiology of TMJ internal derangement |
| 10 | Theoretical | Classification of TMJ internal derangement |
| 11 | Theoretical | The natural course of TMJ internal derangement |
| 12 | Theoretical | Symptoms of TMJ internal derangement and clinical findings |
| 13 | Theoretical | TMJ osteoarthritis |
| 14 | Theoretical | Inflammatory mediators in temporomandibular disorder |
| 15 | Final Exam | Final Exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 0 | 3 | 42 |
| Assignment | 4 | 10 | 0 | 40 |
| Individual Work | 6 | 0 | 8 | 48 |
| Midterm Examination | 1 | 9 | 1 | 10 |
| Final Examination | 1 | 9 | 1 | 10 |
| Total Workload (Hours) | | | | 150 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 6 |

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

| | |
|---|--|
| 1 | Temporomandibular disorders can be diagnosed |
| 2 | Giving patient education |



| | |
|---|--|
| 3 | To teach patient the simple physiotherapy methods that can be applied at home |
| 4 | The application of pharmacological treatment |
| 5 | Plaque and implementation of physical therapy knowledge and skills development |

Programme Outcomes (Orthodontics Doctorate)

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|----|--|
| 1 | Must know the transition procedure from primary dentition to permanent dentition, tooth eruption guidance, the precautions for tooth absence and bad habits. |
| 2 | May be able to diagnose the orthodontic malocclusion and able to present treatment alternatives for the case. |
| 3 | May be able to apply the analysis necessary for diagnosis, such as cephalometric analysis and model analysis and must know the occlusion. |
| 4 | Must know the orthodontic tooth movement, the force necessary for the tooth movement, and be able to take the precautions according to the unwanted tooth movements. |
| 5 | Must be able to diagnose the functional malocclusions and apply functional appliances. |
| 6 | Must be able to apply fixed treatment techniques used in our clinic such as edgewise, Roth, Alexander, MBT |
| 7 | Must be aware of the new treatment techniques and improvements in orthodontics. |
| 8 | Must know how the craniofacial complex develops and be able to follow the patient's development and growth. |
| 9 | Must be able to know how to apply removable appliances and their fabrication and their effects. |
| 10 | Must know about the retention period for the patient in order to keep the treatment results stable. |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 |
|----|----|----|----|----|----|
| P2 | 4 | | | | |
| P3 | 4 | | | | |
| P7 | | 4 | 4 | 4 | 4 |
| P9 | | | | | 4 |

