



AYDIN ADNAN MENDERES UNIVERSITY
GRADUATE SCHOOL OF HEALTH SCIENCES
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS MASTER
COURSE INFORMATION FORM

Course Title	Philosophical Approaches to the Sports Training								
Course Code	BSÖ531	Course Level			Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	The relationship between the basic concepts of philosophy and sport, philosophy of body culture, play and examining the phenomena of sports.								
Course Content	The basic concepts and areas of interest of philosophy, the historical development of philosophy, the relationship of philosophy with sports, the importance of the physical activity of human, philosophical importance of the idea of ??philosophy to the body culture, games and sports phenomena and evaluation of them, sports and aesthetics, sports and ethics the role of behaviors in reducing violence in sports, sports culture and civilization, rituals and symbols in Olympic sports culture, physical education and sports philosophy from prehistoric times to the present, the problems faced by the Olympic movement and the Olympic movement. Philosophy of physical education and sport in Turks, amateurism, professionalism and exemplary athletes in physical education and sport will be examined.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation)								
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Kretchmar, R.S., Pratical Philosophy of Sport and Physical Activity, Second Edition, Human Kinetics, Champaign, 2005.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Philosophy concept and subject
2	Theoretical	Physical Education and Sports in Philosophy
3	Theoretical	The basic concepts of Sport Philosophy, fields of interest and subjects
4	Theoretical	Olympic, Sports and aesthetics
5	Theoretical	Ethical values ??and ethical values ??in sports
6	Theoretical	Virtue and fair play in sport
7	Theoretical	Unethical behaviors in sports
8	Theoretical	Midterm
9	Theoretical	Sports, culture and civilization
10	Theoretical	Rituals and symbols in sport
11	Theoretical	From prehistoric times to today Philosophy of Physical Education and Sports
12	Theoretical	The idea of ??Olympism and the problems faced by the Olympic movement
13	Theoretical	Philosophy of Physical Education and Sports in Turks
14	Theoretical	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2
Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	The student knows the concept of philosophy and its subjects.
2	The student knows the concept of Olympic and its importance.
3	Students know ethical values and unethical behaviors in sport.
4	Student knows the Philosophy of Physical Education and Sports in Turks.
5	Students can incorporate general philosophical approaches into sports education.

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	o follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	2	1	2	3	1
P2	2	2	4	2	2
P3	3	3	2	4	4
P4	2	2	3	2	3
P5	4	4	2	2	5
P6	1	1	4	4	2

