



**AYDIN ADNAN MENDERES UNIVERSITY  
GRADUATE SCHOOL OF HEALTH SCIENCES  
PHYSICAL EDUCATION AND SPORTS  
PHYSICAL EDUCATION AND SPORTS  
PHYSICAL EDUCATION AND SPORTS MASTER  
COURSE INFORMATION FORM**

Course Title	Sport Training in Disabled People								
Course Code	BSÖ545	Course Level			Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	2	Practice	1	Laboratory	0
Objectives of the Course	The meaning and importance of physical education and sport for disabled people, types of disability and classification, physical education and sport in disabled people, the effects of physical education and sport on disabled people, physical education and sport regulations for disabled people and physical education and sports with all disabled groups . The aim of this course is to provide the students with knowledge and experience about working with disabled people.								
Course Content	Physical education and sport activities for individuals with different types of disabilities								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Demonstration								
Name of Lecturer(s)									

Assessment Methods and Criteria		
Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading	
1	Physical Education and Sports for the Disabled (Dilara Sevimay Özer) Nobel Yayıncılık

Week	Weekly Detailed Course Contents	
1	Theoretical	General Information About Disabled People
2	Theoretical	Disability related terms and causes of disability
3	Theoretical	What is Mental Disability?
4	Theoretical	Degrees of Intelligence
5	Theoretical	Play and sports education in Mentally Handicapped
6	Theoretical	Mentally handicapped games and sports
7	Theoretical	Visually Impaired and classification
8	Theoretical	Midterm
9	Theoretical	Physical Disability and its classification
10	Theoretical	Sports applications in physically disabled
11	Theoretical	Sport and educational games about the disabled
12	Theoretical	Sport branches and game rules related to disabled people
13	Theoretical	Sport branches and game rules related to disabled people
14	Theoretical	Final exam

Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2
Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7

\*25 hour workload is accepted as 1 ECTS

Learning Outcomes	
1	Knows the basic concepts of the disabled.
2	Knows what kind of activities can be done for people with intellectual disabilities.



3	Knows what kind of activities can be done for visually impaired individuals.
4	Knows what kind of activities can be done for hearing impaired individuals.
5	Knows what kind of activities can be done for physically disabled people.

#### Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	to follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

#### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	3	3	5	3
P2	5	5	5	4	5
P3	3	4	5	5	4
P4	5	4	4	4	4
P5	4	5	4	4	4
P6	2	4	5	5	5

