



**AYDIN ADNAN MENDERES UNIVERSITY
GRADUATE SCHOOL OF HEALTH SCIENCES
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS MASTER
COURSE INFORMATION FORM**

Course Title	Coaching Education and Principles								
Course Code	BSÖ582		Course Level		Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	180 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	Informing about coaching and development.								
Course Content	Concept of training and basic principles, trainer's coaching methods, types of coaches, education of coach, basic education program of coaches, levels of coaching education, example and structural model of coaching education in European Union.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Project Based Study, Individual Study								
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Sevim, Y.; Tuncel, F.; Erol, E.; Sunay, H; Antrenör Eğitimi ve İlkeleri, Gazi Kitabevi, Ankara, 2001
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Week	Weekly Detailed Course Contents	
1	Theoretical	Concept of coaching
2	Theoretical	Roles, tasks and personal characteristics of coaches.
3	Theoretical	Study methods of coaches
4	Theoretical	Study methods of coaches
5	Theoretical	Preparation methods of coaches for competitions.
6	Theoretical	Preparation methods of coaches for competitions.
7	Theoretical	Types of coaching
8	Theoretical	Midterm Exam
9	Theoretical	Coaching Education
10	Theoretical	Coaching Education
11	Theoretical	Coaching education in universit
12	Theoretical	Coaching Education in Youth and Sport General Directorship.
13	Theoretical	Classification of coaching and task field of coaches in terms of coaching level
14	Theoretical	Ethical principals of coaching in other countries.
15	Theoretical	general evaluation
16	Theoretical	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	4	0	1	4
Final Examination	4	0	1	4
Total Workload (Hours)				180
[Total Workload (Hours) / 25*] = ECTS				7

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Explaining concepts of coaching philosophy and coaching ethics.
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2	To adapt to the constantly changing and developing coaching profession in today's conditions
3	Will be able to analyze the basic principles of training within the concept of training.
4	Analyze trainer models in other countries.
5	Analyze the types of trainer.

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	to follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	2	3	2	1	2
P2	3	4	3	2	1
P3	2	2	5	3	2
P4	3	2	2	3	3
P5	1	3	3	2	2
P6	2	4	1	4	4

