



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Movement Development and Sports in Children							
Course Code		BSÖ579		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	7	Workload	176 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		To learn general concepts and opinions about children and have knowledge about the sport. To have information on training and planning about children and young people. To learn developmental characteristics of children and to learn basic knowledge about the ability selection of the children							
Course Content		Basic concepts about children and sports.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	1. Acar F.M, Antrenman Bilimi El Kitabı, Meta Basım, İzmir, 2001
2	2. Aydın B, Akbağ M, Tuzcuoğlu S, Yayıcı L, Ağır M, Gelişim ve öğrenme, Nobel Yayın Dağıtım, Ankara, 2005
3	3. Erden M, Akman Y., Eğitim Psikolojisi. Ankara: Arkadaş Yayınevi. 1995
4	4. Muratlı S, Çocuk ve spor, BağırçanYayınevi, Ankara 1997
5	5. Özsu N. Oyunlarla Spor Eğitimi, Dumat Ofset, Mersin, 2008

Week	Weekly Detailed Course Contents	
1	Theoretical	General information related to kid's and sport
2	Theoretical	General information related to kid's and sport
3	Theoretical	Kid s development and stages
4	Theoretical	Kid s development and stages
5	Theoretical	Movement training for kids
6	Practice	Kids training
7	Practice	The effects of exercise on childhood growth and development
8	Intermediate Exam	Midterm Exam
9	Theoretical	Physical and physiological capacity in kids
10	Theoretical	Coordinative properties
11	Theoretical	Basic motoric features
12	Theoretical	Basic motoric features
13	Practice	Kids training
14	Practice	Kids training
15	Practice	Kid s sports selection
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2



Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Learning the scientific bases of kid and sport
2	Understanding the characteristics of kid's development
3	Learning the physiological effects of kids training
4	Learning the properties of kids training
5	To Make The Sports Selection According To Kid s Ability

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	o follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	5	5	3	5
P2	4	5	5	5	4
P3	5	4	5	4	4
P4	5	3	4	4	4
P5	5	4	5	4	5
P6	4	5	4	5	5

