



AYDIN ADNAN MENDERES UNIVERSITY
GRADUATE SCHOOL OF HEALTH SCIENCES
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS MASTER
COURSE INFORMATION FORM

Course Title	Skill Learning in Sports								
Course Code	BSÖ539	Course Level			Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	In the light of psychological and physiological processes related to the right teaching of skills in sports information								
Course Content	Basic concepts of skills and learning, motor learning and theories, skills learning psychological and physiological dimensions and basic motor characteristics								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Demonstration								
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Dear Metin Vehbi: " Skill Learning in Sports " Lecture notes Manisa 2005
2	Sayın Text: " Movement and Skill Teaching " Book Sports Publishing ANKARA 2011

Week	Weekly Detailed Course Contents	
1	Theoretical	Motion and Motoric concepts
2	Theoretical	Movement activities, skill concept, meaning and structure of movement
3	Theoretical	Criteria and characteristics of evaluation of sporty movements
4	Theoretical	Environmental structure of movements and examination of movements
5	Theoretical	Key elements of sporting performance
6	Theoretical	Motor learning, prerequisites and factors affecting motor learning
7	Theoretical	Psychological aspects of motor learning
8	Theoretical	Midterm
9	Theoretical	Physical education and sport learning and teaching process
10	Theoretical	Psychological aspects of motor learning
11	Theoretical	Physiological dimensions of motor learning
12	Theoretical	Motor learning theories
13	Theoretical	Relationship between physical fitness skills learning
14	Theoretical	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2
Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To be able to comprehend the necessary infrastructure for learning and teaching in sports. applications to win.
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2	Knows the concepts related to motor skills.
3	Knows the stages of motor skills
4	Gains the ability of planning and organizing learning environments appropriate to physical education teaching.
5	Use the tools and resources appropriate to the process of physical education teaching.

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	to follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	5	5	3	4
P2	5	5	5	5	5
P3	4	3	5	5	3
P4	3	5	3	3	3
P5	5	4	5	4	5
P6	4	5	4	5	4

