



AYDIN ADNAN MENDERES UNIVERSITY
GRADUATE SCHOOL OF HEALTH SCIENCES
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS MASTER
COURSE INFORMATION FORM

Course Title	Physical Education and Sports History								
Course Code	BSÖ534	Course Level			Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	Examination of the stages of physical education and sports in the world with historical and cultural aspects								
Course Content	Historical development of sports sciences from past to present								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation)								
Name of Lecturer(s)	Lec. Çağatay DERECELİ								

Assessment Methods and Criteria		
Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading	
1	Physical Education and Sports History (Yakup Akif Afyon, Ali Tunc) Damla Ofset Matbaacılık, Konya

Week	Weekly Detailed Course Contents	
1	Theoretical	First people and sport
2	Theoretical	Historical development of world sports: sports in the early ages, Sumerians, Assyrian-Babylonians, Etiler
3	Theoretical	Sports in Egyptians, Jews, Iranians, Chinese and Indians
4	Theoretical	Sports in Cretans, Athenians, Ispartians and Greeks
5	Theoretical	The birth, application and end of the ancient Olympic Games, sports in the Romans
6	Theoretical	Sports knighthood in the Middle Ages, body and peasant exercises in the Middle Ages
7	Theoretical	Orta çağda spor şövalyelik kurumu, orta çağlarda halk ve köylü tabakasının vücut alıştırılmaları
8	Theoretical	Midterm
9	Theoretical	Physical education movements in Europe in the 18th and 19th centuries German and Swedish gymnastics
10	Theoretical	Development of sports in England
11	Theoretical	Sports in old Turks
12	Theoretical	The birth of modern Olympic games and Baron Pierre De Coubertin
13	Theoretical	Turkey's National Olympic Committee and development
14	Theoretical	Final exam

Workload Calculation				
Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2
Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes	
1	Will be able to explain and analyze the exercises of the folk strata and the peasants in the middle ages.
2	Will be able to express sport in new and recent ages and historical development of world sport.



3	Will be able to analyze and interpret the Olympic philosophy from the past to the present.
4	Will be able to explain the historical development of Turkish sports.
5	Will be able to compare today's and past sports from different perspectives.

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	o follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	2	4	3	3	2
P2	4	2	5	5	5
P3	2	4	4	4	3
P4	1	2	2	2	2
P5	5	5	3	3	1
P6	2	3	4	5	4

