



**AYDIN ADNAN MENDERES UNIVERSITY
GRADUATE SCHOOL OF HEALTH SCIENCES
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS
PHYSICAL EDUCATION AND SPORTS MASTER
COURSE INFORMATION FORM**

Course Title	Gender Equality in Sport								
Course Code	BSÖ543		Course Level		Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	The aim of this course is to enable students to gain knowledge about historical and socially established gender relations and to understand gender-based relationships in sports environment and to raise awareness about gender-based society and sports.								
Course Content	This course focuses on the study of gender relations within the framework of sociological theories, the role of women in sports in the historical process of body, media, masculinity, sexual abuse and so on. relations with the subjects.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation)								
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Gender States of Sports (Canan Koca) Sports Publishing, Ankara.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Definition of Sport
2	Theoretical	Physiological and psychological characteristics of women
3	Theoretical	Female athletes performance limit
4	Theoretical	Aerobic and anaerobic performance limits of women
5	Theoretical	Exercise and cardio-respiratory response in women
6	Theoretical	Exercise program during pregnancy in women
7	Theoretical	Menstruation and sports
8	Theoretical	Midterm exam
9	Theoretical	Housewife and sport
10	Theoretical	Business woman and sport
11	Theoretical	Sport psychology and women
12	Theoretical	Gender-based relationships in sports
13	Theoretical	Women's position in the sport in the historical process body, media, masculinity, sexual abuse and so on. relationship with subjects
14	Theoretical	Final exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2



Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	With this course, students learn women's and girls' participation in sports in the historical process.
2	Learn how sport is a gender field and reflect the dominant social culture, norms and values ??in this sense.
3	Perceive how sport reproduces social inequalities in the context of gender
4	Will be able to think about the policies that should be developed in order to ensure gender equality in sports
5	Understands the necessity of sports for women.

Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	o follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	4	2	1	3
P2	5	2	1	3	2
P3	4	1	2	2	2
P4	2	3	3	4	4
P5	5	5	2	1	2
P6	3	4	4	3	4

