



**AYDIN ADNAN MENDERES UNIVERSITY  
GRADUATE SCHOOL OF HEALTH SCIENCES  
PHYSICAL EDUCATION AND SPORTS  
PHYSICAL EDUCATION AND SPORTS  
PHYSICAL EDUCATION AND SPORTS MASTER  
COURSE INFORMATION FORM**

Course Title	Current Approaches in Physical Education								
Course Code	BSÖ546	Course Level			Second Cycle (Master's Degree)				
ECTS Credit	7	Workload	176 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course	To analyze current teaching approaches and models used in physical education and sports teaching								
Course Content	Meeting, giving information about course content Approaches used in new physical education education programs and reform process Development of curriculum compatible with education Teaching Approaches in Physical Education and Sports (principles, methods and models overview) Teaching models (Sports Education Model) Teaching models (Tactical Game Approach) Instructional models (Individual and Social Responsibility Model) Instructional models (Health and Well-being Model) Article discussion Elementary school (1-4th grade) Game and Physical Activities Presentation of the studies on the curriculum of secondary school (5-8th grade) Physical Education and Presentation of the studies about the sport lesson curriculum Group discussion and course evaluation								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Individual Study								
Name of Lecturer(s)									

#### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

#### Recommended or Required Reading

1	New Approaches in Educational Sciences (Seda Odabaş, Leyla Bayrak) Kalem Sahaf
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Week	Weekly Detailed Course Contents	
1	Theoretical	The approaches and reform process used in new physical education programs
2	Theoretical	Curriculum development
3	Theoretical	Teaching Approaches in Physical Education and Sport (overview of principles, methods and models)
4	Theoretical	Teaching models (Sport Education Model)
5	Theoretical	Teaching models (Tactical Game Approach)
6	Theoretical	Teaching models (Health and Wellness Model)
7	Theoretical	Teaching models (Individual and Social Responsibility Model)
8	Theoretical	Midterm exam
9	Theoretical	Article discussion
10	Theoretical	Primary School (Grades 1-4) Play and Physical Activities Course curriculum presentation
11	Theoretical	Secondary School (Grades 5-8) Physical Education and Sports Lesson Presentation
12	Theoretical	Article discussion
13	Theoretical	Group discussion and course evaluation
14	Theoretical	Final exam

#### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	5	140
Individual Work	4	4	4	32
Midterm Examination	1	1	1	2



Final Examination	1	1	1	2
Total Workload (Hours)				176
[Total Workload (Hours) / 25*] = ECTS				7
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	The student explains the teaching models and methods used in physical education and sports teaching.
2	The student explains the similar and different aspects of teaching models and methods used in physical education and sports.
3	The student examines the current research on teaching models and methods used in physical education and sports.
4	The student can discuss articles about physical education and sports teaching.
5	The student can discuss their knowledge about physical education and sports teaching in a group.

### Programme Outcomes (Physical Education and Sports Master)

1	Uses application and problem solving skills in interdisciplinary studies.
2	Develops basic scientific knowledge and attitude appropriate to body and sport.
3	Interpret the results of test development and measurement for the development of individuals in physical education and sport.
4	Explains the scientific methods in physical education and sports.
5	o follow national and international developments in the field and maintain professional development.
6	Beden eğitimi ve spor örgütlerinin örgüt iklimi ve kültürünü tanımlar.

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	3	5	4	2	5
P2	3	4	4	5	2
P3	4	2	2	4	4
P4	4	3	3	3	3
P5	5	4	5	5	5
P6	4	2	4	2	2

