



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|---|------------|--|---|--------------------------------|---|------------|---|
| Course Title | | Adolescent Health | | | | | | | |
| Course Code | | ÇSH542 | | Couse Level | | Second Cycle (Master's Degree) | | | |
| ECTS Credit | 4 | Workload | 98 (Hours) | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | In this course is intended to give knowledge and skills of students in the process of adolescent health care monitoring in community. | | | | | | | |
| Course Content | | This course includes adolescent period, physical and emotional development properties of adolescent, communication and crisis management at adolescent period and crisis intervention strategies. | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Case Study, Individual Study | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 2 | 40 |
| Final Examination | 1 | 60 |

Recommended or Required Reading

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| 1 | Crosby R A, DiClemente R J, Santelli J S, Adolescent Health: Understanding and Preventing Risk Behaviors, Wiley Publication (2009) |
| 2 | Neinstein L S, Gordon C M, Katzman D K, Rosen D S, Woods E R, Adolescent Health Care: A Practical Guide, Lippincott Williams&Wilkins (2008) |
| 3 | Rew D L, Adolescent Health: A Multidisciplinary Approach To Theory, Research and Intervention, Sage Publications, Inc. (2005)4. Wong DL, et al. (2001). Wong's Essentials of Pediatric Nursing. Mosby, 6th ed., St. Louis. |
| 4 | Potts.,NL., Mandelco, BL., Pediatric Nursing: Caring for Children and Their Families, (2nd Ed). New York: Thomson Delmar Cengage Learning. Delmar Thomson Learning Inc., Albany, 2007 |
| 5 | Hockenberry, M.J., Wilson, D. Wong's Nursing Care of Infant and Children, 8th Edition, Mosby Elsevier Inc., St. Louis-Missouri, 2007. |
| 6 | Bowden VR, Greenberg CS, (eds). Children and their Families: The Continuum of Care. 2nd ed, Philadelphia, Lippincott Williams and Wilkins, 2010. |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | Adolecent Periods' Chracterictics |
| 2 | Theoretical | Adolecent Periods' Chracterictics (cont.) |
| 3 | Theoretical | Development at Adolescent Period Physical Development Chracterictics |
| 4 | Theoretical | Development at Adolescent Period Emotional Development Chracterictics |
| 5 | Theoretical | Development at Adolescent Period Cognitive Development Chracterictics |
| 6 | Theoretical | Development at Adolescent Period Psychosexual Cognitive Development Chracterictics |
| 7 | Theoretical | Commuation Chracterictics at Adolescence Period |
| 8 | Theoretical | Midterm Exam |
| 9 | Theoretical | Commuation Chracterictics at Adolescence Period (cont.) |
| 10 | Theoretical | Management of Crisis at Adolescence period |
| 11 | Theoretical | Management of Crisis at Adolescence Period (cont.) |
| 12 | Theoretical | Adolescence and Sexual Health |
| 13 | Theoretical | Adolescent and Sexual Health (cont.) |
| 14 | Theoretical | Health Education at Adolescent Period |
| 15 | Theoretical | Term exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 2 | 2 | 56 |
| Land Work | 2 | 14 | 2 | 32 |



| | | | | |
|---|---|---|---|----|
| Final Examination | 1 | 8 | 2 | 10 |
| Total Workload (Hours) | | | | 98 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 4 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

| | |
|---|--|
| 1 | Organize adolescent sexual education |
| 2 | Able to crisis management at adolescent period |
| 3 | Discuss communication properties of adolescent |
| 4 | Define emotional development of adolescent |
| 5 | Define physical development of adolescent |
| 6 | Discuss the characteristics of adolescence |

Programme Outcomes (Pediatric Nursing Master)

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|----|---|
| 1 | Learn about the changing concepts and new applications in the field of pediatric nursing |
| 2 | Gain the knowledge about children's health problems; propose solutions and health-related policies. |
| 3 | Become aware of the role and functions of pediatric nurses. |
| 4 | Gain the knowledge of the development of a healthy child. |
| 5 | Become aware and sensitive about children's rights |
| 6 | Become sensitive about the factors that could affect and change the health and development of children in their daily life. |
| 7 | Be able to identify child care needs, in a holistic and humanistic approach to care giving. |
| 8 | Understand the importance of lifelong learning and professional development and providing adequate and effective care. |
| 9 | Execute their role adequately and effectively in a health care team. |
| 10 | Gain knowledge of in care management and rehabilitation of children with life-threatening and chronic diseases. |
| 11 | Execute the art and science of Pediatric Nursing in a evidence-based manner. |
| 12 | Become sensitive to the ethical problems that affect children and their families. |
| 13 | Develop a consciousness of professional nursing. |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 | L6 |
|-----|----|----|----|----|----|----|
| P1 | 5 | 5 | 5 | 5 | 5 | 5 |
| P2 | 4 | 4 | 3 | 3 | 3 | 3 |
| P3 | 5 | 4 | 4 | 4 | 4 | 4 |
| P4 | 5 | 4 | 5 | 5 | 5 | 5 |
| P5 | 5 | 4 | 4 | 4 | 4 | 4 |
| P6 | 5 | 5 | 4 | 4 | 4 | 4 |
| P7 | 5 | 5 | 4 | 4 | 4 | 4 |
| P8 | 5 | 4 | 4 | 4 | 4 | 4 |
| P9 | 5 | 4 | 4 | 4 | 4 | 4 |
| P10 | 3 | 3 | 3 | 3 | 3 | 3 |
| P11 | 3 | 3 | 3 | 3 | 3 | 3 |
| P12 | 4 | 5 | 4 | 4 | 4 | 4 |
| P13 | 5 | 5 | 5 | 5 | 5 | 5 |

