



**AYDIN ADNAN MENDERES UNIVERSITY  
GRADUATE SCHOOL OF HEALTH SCIENCES  
CHILD HEALTH AND DISEASES NURSING  
CHILD HEALTH AND DISEASES NURSING  
PEDIATRIC NURSING MASTER  
COURSE INFORMATION FORM**

Course Title	Adolescent Health								
Course Code	ÇSH542		Course Level		Second Cycle (Master's Degree)				
ECTS Credit	4	Workload	98 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	In this course is intended to give knowledge and skills of students in the process of adolescent health care monitoring in community.								
Course Content	This course includes adolescent period, physical and emotional development properties of adolescent, communication and crisis management at adolescent period and crisis intervention strategies.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Discussion, Case Study, Individual Study								
Name of Lecturer(s)									

#### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	2	40
Final Examination	1	60

#### Recommended or Required Reading

1	Crosby R A, DiClemente R J, Santelli J S, Adolescent Health: Understanding and Preventing Risk Behaviors, Wiley Publication (2009)
2	Neinstein L S, Gordon C M, Katzman D K, Rosen D S, Woods E R, Adolescent Health Care: A Practical Guide, Lippincott Williams&Wilkins (2008)
3	Rew D L, Adolescent Health: A Multidisciplinary Approach To Theory, Research and Intervention, Sage Publications, Inc. (2005)4. Wong DL, et al. (2001). Wong's Essentials of Pediatric Nursing. Mosby, 6th ed., St. Louis.
4	Potts.,NL., Mandelco, BL., Pediatric Nursing: Caring for Children and Their Families, (2nd Ed). New York: Thomson Delmar Cengage Learning. Delmar Thomson Learning Inc., Albany, 2007
5	Hockenberry, M.J., Wilson, D. Wong's Nursing Care of Infant and Children, 8th Edition, Mosby Elsevier Inc., St. Louis-Missouri, 2007.
6	Bowden VR, Greenberg CS, (eds). Children and their Families: The Continuum of Care. 2nd ed, Philadelphia, Lippincott Williams and Wilkins, 2010.

Week	Weekly Detailed Course Contents	
1	Theoretical	Adolescent Periods' Characteristics
2	Theoretical	Adolescent Periods' Characteristics (cont.)
3	Theoretical	Development at Adolescent Period Physical Development Characteristics
4	Theoretical	Development at Adolescent Period Emotional Development Characteristics
5	Theoretical	Development at Adolescent Period Cognitive Development Characteristics
6	Theoretical	Development at Adolescent Period Psychosexual Cognitive Development Characteristics
7	Theoretical	Communication Characteristics at Adolescence Period
8	Theoretical	Midterm Exam
9	Theoretical	Communication Characteristics at Adolescence Period (cont.)
10	Theoretical	Management of Crisis at Adolescence period
11	Theoretical	Management of Crisis at Adolescence Period (cont.)
12	Theoretical	Adolescence and Sexual Health
13	Theoretical	Adolescent and Sexual Health (cont.)
14	Theoretical	Health Education at Adolescent Period
15	Theoretical	Term exam

#### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	2	56
Land Work	2	14	2	32



Final Examination	1	8	2	10
Total Workload (Hours)				98
[Total Workload (Hours) / 25*] = ECTS				4
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	Organize adolescent sexual education
2	Able to crisis management at adolescent period
3	Discuss communication properties of adolescent
4	Define emotional development of adolescent
5	Define physical development of adolescent
6	Discuss the characteristics of adolescence

### Programme Outcomes (Pediatric Nursing Master)

1	Learn about the changing concepts and new applications in the field of pediatric nursing
2	Gain the knowledge about children's health problems; propose solutions and health-related policies.
3	Become aware of the role and functions of pediatric nurses.
4	Gain the knowledge of the development of a healthy child.
5	Become aware and sensitive about children's rights
6	Become sensitive about the factors that could affect and change the health and development of children in their daily life.
7	Be able to identify child care needs, in a holistic and humanistic approach to care giving.
8	Understand the importance of lifelong learning and professional development and providing adequate and effective care.
9	Execute their role adequately and effectively in a health care team.
10	Gain knowledge of in care management and rehabilitation of children with life-threatening and chronic diseases.
11	Execute the art and science of Pediatric Nursing in a evidence-based manner.
12	Become sensitive to the ethical problems that affect children and their families.
13	Develop a consciousness of professional nursing.

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	5	5	5	5	5	5
P2	4	4	3	3	3	3
P3	5	4	4	4	4	4
P4	5	4	5	5	5	5
P5	5	4	4	4	4	4
P6	5	5	4	4	4	4
P7	5	5	4	4	4	4
P8	5	4	4	4	4	4
P9	5	4	4	4	4	4
P10	3	3	3	3	3	3
P11	3	3	3	3	3	3
P12	4	5	4	4	4	4
P13	5	5	5	5	5	5

