



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Complementary-Alternative Treatments							
Course Code		STU505		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	6	Workload	144 ( <i>Hours</i> )	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		To provide complementary and alternative treatment methods to the students in terms of blood-based practices. To gain the theoretical knowledge about complementary therapies which are becoming popular and popular, to acquire care skills by using complementary therapies and to plan maintenance from a point of view of holistic (treatment of mind-body relations and diseases). Use evidence-based criteria to develop information based on selected complementary and alternative therapies and to assess the risks and benefits of selected treatment modalities. To examine the role of complementary and alternative treatment modalities in health care and to describe the effects of complementary and alternative treatment modalities for selected clinical conditions. To increase awareness and understanding of students to help patients confidently recommend complementary medical treatments and to discover new ways of observable health and treatment methods and how they can be integrated into future applications.							
Course Content		Alternative and complementary applications, Alternative and complementary therapies based on blood, Chronic Pain and Diet, Topical treatment, Herbal treatment, Laser, Yoga, Patient education and behavior modification, Tai-chi, Balneotherapy, Balnetoterapin in Turkey and in the World, Acupuncture, Manipulation							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Assoc. Prof. Yasemin ÖZKAN							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

### Recommended or Required Reading

1	1. Lewith G, Tamamlayıcı Tıp, İstanbul, Morpa Yayınları, Ocak 2005, ISBN No: 975284273-9
2	2. Topuz E, Kanserde Alternatif ve Tamamlayıcı Tıp (Bilimsel Yaklaşım), İletişim yayınları, Nisan 2005, ISBN No: 9750503317

Week	Weekly Detailed Course Contents	
1	Theoretical	Complementary and Alternative Medicine
2	Theoretical	Historical Development of Complementary
3	Theoretical	Overview and definitions of alternative treatment methods in the world and in Turkey
4	Theoretical	Ethical principles
5	Theoretical	Acupuncture
6	Theoretical	Aromaterapia
7	Theoretical	Homeopathy
8	Theoretical	Midterm
9	Theoretical	Manipulative and Body-Based Methods
10	Theoretical	Biology Based Therapies
11	Theoretical	Energy Therapies
12	Theoretical	Thermal therapy
13	Theoretical	Music therapy
14	Theoretical	Discussion of the most commonly used TAT treatments in the region
15	Theoretical	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	5	2	98
Assignment	2	10	2	24
Midterm Examination	1	10	1	11



Final Examination	1	10	1	11
Total Workload (Hours)				144
[Total Workload (Hours) / 25*] = ECTS				6
*25 hour workload is accepted as 1 ECTS				

### Learning Outcomes

1	To be able to inform patients about complementary and alternative treatments in practical medical life.
2	To be able to use these complementary and alternative treatment methods during treatment
3	Comprehend complementary and alternative medicine (CAM)
4	Understanding complementary and alternative medicine (CAM)
5	Learning complementary and alternative medicine (CAM)

### Programme Outcomes (Health Tourism Interdisciplinary Master's Without Thesis)

1	Having theoretical and practical up-to-date information at the level of expertise in the field of health tourism
2	Being able to have knowledge about using current methods, techniques and devices of technology
3	To be able to take active role in thermal, dental, medical, third age and disabled tourism organization and management,
4	To be able to analyze the problems related to health tourism with scientific methods and to evaluate them with a critical approach
5	To be able to produce new projects for scientific researches, to have executive and finalizing skills
6	To be able to interpret researches by using appropriate statistical methods, to write a report of the research / study they have participated in and publish it in a national / internationally accepted magazine / present at scientific meetings,
7	Health tourism has theoretical and practical knowledge about the historical development and economic dimension of health tourism
8	In organizations providing services in the field of health tourism, they have the knowledge and skills to apply in strategic management, marketing, performance management, quality management and human resources management.
9	Gain the ability to convey intercultural differences, international health legislation and patient rights to knowing, interpreting and practicing.
10	Acquires theoretical and practical knowledge on ethics, politics and planning in health tourism, information systems, professional foreign language, finance and intermediary institutions
11	Has knowledge about basic concepts, terminology and complementary medicine (TAT) in health field

### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P11	4	4	4	4	4

