



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Adulthood Psychology							
Course Code		IFC514		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	5	Workload	125 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to develop the characteristics of emerging adulthood, young adulthood, middle age and late adulthood development periods, adaptation problems and ways of coping with these problems.							
Course Content		The aim of this course is to introduce the characteristics of emerging adulthood, young adulthood, middle age and late adulthood development periods, adaptation problems and ways of coping with these problems.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Onur B.2007; Gelişim Psikolojisi,(Yetişkinlik, Yaşlılık, Ölüm), Simge Yayınları. Ankara
2	Santrock JW (1997) Life Span Development. London, Brown Benchmark Publishers.

Week	Weekly Detailed Course Contents	
1	Theoretical	Physical and Cognitive Development in Emerging Adulthood
2	Theoretical	Social Emotional and Cognitive Development in Emerging Adulthood
3	Theoretical	Adaptation Problems in Emerging Adulthood
4	Theoretical	Physical and Cognitive Development in Young Adulthood
5	Theoretical	Social Emotional and Cognitive Development in Young Adulthood
6	Theoretical	Adaptation Problems in young adulthood
7	Theoretical	Physical and Cognitive Development in Middle Adulthood
8	Intermediate Exam	Midterm Exam
9	Theoretical	Social Emotional and Cognitive Development in Middle Adulthood
10	Theoretical	Adaptation Problems in middle adulthood
11	Theoretical	Physical and Cognitive Development in Late Adulthood
12	Theoretical	Social Emotional and Cognitive Development in Late Adulthood
13	Theoretical	Adaptation Problems in Late adulthood
14	Theoretical	Death
15	Theoretical	General Assessment
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	3	42
Assignment	14	0	2	28
Term Project	2	0	7	14
Individual Work	14	0	2	28
Midterm Examination	1	5	1	6



Final Examination	1	6	1	7
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To know the characteristics of emerging adulthood, young adulthood, middle age and advanced adulthood development periods.
2	To deal with the adaptation problems encountered in emerging adulthood, young adulthood.
3	To deal with the adaptation problems encountered in middle age and advanced adulthood..
4	To learn the problems in adulthood, young adulthood, middle age and advanced adulthood and the ways of coping with these problems.
5	To know the interaction between physical, social, emotional and cognitive development areas in developmental periods.

Programme Outcomes (Family Counseling Interdisciplinary Master)

1	To learn the theories and applications of family and couple counseling
2	To gain family counseling skills in child and adolescent psychopathology
3	To apply scientific research methods
4	To look at parenting from a developmental perspective
5	Intervention to solve the crisis in the family
6	To gain communication and conflict resolution skills in the family
7	To analyze data using advanced statistical methods
8	To apply the techniques of interview and evaluation with family
9	To learn divorce mediation
10	To learn close relationships psychology and the communication between close relationships
11	To learn the basic theoretical explanations for the psychology of adulthood
12	To learn developmental psychopathology
13	To learn sexual dysfunctions and therapy
14	To learn to look at gender differences from a social psychology perspective

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	5	5	4	5
P2	4	5	5	5	4
P4	4	5	5	5	5
P6		4	5	4	4
P8	5	5	5	5	5
P11	5	5	5	5	4
P12	4	5	5	4	4
P14	4	5	5	4	4

