



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Theories of Family and Couple Counselling							
Course Code		IFC503		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	5	Workload	125 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to teach students different models of family and couple counseling theories and applications.							
Course Content		History of family therapy, healthy and unhealthy family characteristics, family therapy theories, different family types, family problems and interventions							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study					
Name of Lecturer(s)		Prof. Yaşar KUZUCU							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	20
Final Examination	1	60
Practice	1	20

Recommended or Required Reading

1	Galdding S. T. (2011). Aile terapisi tarihi, kuram ve uygulamaları (Çeviri editör: İ. Keklik ve İ. Yıldırım). Ankara: Türk Psikolojik Danışma Derneği Yayınları
2	Dokur M. ve Profeta, Y. (2006). Aile ve çift terapisi İstanbul Morpa Yayıncılık.
3	Jay Lebow'un (2014). çift ve aile terapisi (Çeviri editörü Dr. Muzaffer Şahin). Ankara: Nobel Yayıncılık.

Week	Weekly Detailed Course Contents	
1	Theoretical	History of Family Therapy
2	Theoretical	Healthy and Unhealthy Family Features
3	Theoretical	Psychodynamic and Bowen Family Therapy
4	Theoretical	Experiential Family Therapy
5	Theoretical	Behavioral and Cognitive Family Therapies
6	Theoretical	Structural Family Therapy
7	Theoretical	Strategic and Systematic Family Therapies
8	Theoretical	Midterm Exam
9	Theoretical	Solution Focused and Expressive Family Therapies
10	Theoretical	Family Assessment and Enhancing Communication with Family
11	Theoretical	Couple and Marriage Empowerment and Therapy
12	Theoretical	Working with Single Parent Families
13	Theoretical	Working with United Families
14	Theoretical	Intervention methods in family and couple counseling
15	Theoretical	Family Problems and Interventions in Legal Aspects
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	3	42
Assignment	14	0	2	28
Term Project	2	0	7	14
Individual Work	14	0	2	28
Midterm Examination	1	5	1	6



Final Examination	1	6	1	7
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To know the principal theories about family and couple counseling
2	To know healthy and unhealthy families.
3	To learn the characteristics of different family types.
4	To know the therapeutic techniques used by different approaches.
5	To learn the appropriate approaches and techniques in special problem areas.

Programme Outcomes (Family Counseling Interdisciplinary Master)

1	To learn the theories and applications of family and couple counseling
2	To gain family counseling skills in child and adolescent psychopathology
3	To apply scientific research methods
4	To look at parenting from a developmental perspective
5	Intervention to solve the crisis in the family
6	To gain communication and conflict resolution skills in the family
7	To analyze data using advanced statistical methods
8	To apply the techniques of interview and evaluation with family
9	To learn divorce mediation
10	To learn close relationships psychology and the communication between close relationships
11	To learn the basic theoretical explanations for the psychology of adulthood
12	To learn developmental psychopathology
13	To learn sexual dysfunctions and therapy
14	To learn to look at gender differences from a social psychology perspective

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	5	4	5
P2	4	5	4	4	5
P6	4	5	5	4	5
P8	4	5	4	4	5
P10	4	5	5	4	5

