



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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| Course Title | | Sexual Dysfunction and Sex Therapy | | | | | | | |
| Course Code | | IFC515 | | Course Level | | Second Cycle (Master's Degree) | | | |
| ECTS Credit | 5 | Workload | 125 (<i>Hours</i>) | Theory | 3 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | In this course it is aimed to give information about sexual dysfunctions and classification, to understand psychological reasons and to introduce treatment methods. | | | | | | | |
| Course Content | | Sex therapy today: current issues and future perspectives; sexual desire/arousal disorders in women; persistent genital arousal disorder; orgasmic disorders in women; dyspareunia and vaginismus, physical therapy management and treatment of sexual pain disorders; sexual desire disorders in men; treatment of rapid ejaculation: psychotherapy, pharmacotherapy, and combined therapy; treatment of delayed ejaculation; erectile dysfunction: integration of medical and psychological approaches; sexuality and illness; sexual dysfunction and childhood sexual abuse; therapy with sexual minorities; sexuality and culture; paraphilia-related disorders: the evaluation and treatment of nonparaphilic hypersexuality; sexual variations and atypical sexual behavior; gender dysphoria and transgender experiences; aging and sexuality; theories of sexuality counseling; assessment in sexuality counseling | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Case Study, Individual Study | | | | | |
| Name of Lecturer(s) | | Assoc. Prof. Cennet ŞAFAK ÖZTÜRK | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 20 |
| Final Examination | 1 | 40 |
| Assignment | 1 | 40 |

Recommended or Required Reading

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| 1 | Principles and Practice of Sex Therapy (Fourth Edition), Sandra R. Leiblum, (Ed). New York: The Guilford Press, 2007. |
| 2 | Sexuality Counseling: An Integrative Approach, Lynn L. Long, Judith A. Burnett, ve R. Valorie Thomas. New Jersey: Pearson Merrill Prentice Hall, 2006. |
| 3 | Cinsel Sorunlar ve Tedavileri El Kitabı, Patricia Gillan, (Çev. Engin Eker, Mine Özmen, Ercan Özmen), İstanbul: Menteş Kitabevi, 1993. |
| 4 | Cinsel Terapi – Sistemik Seks Terapisi, Katherine M. Hertlein, Nancy Gambescia, Gerald R. Weeks (Çev. Meltem Ok ve A. Cem Keçe), Ankara: Pusula Yayınevi, 2014. |
| 5 | Resimli Cinsel Terapi El Kitabı, Helen S. Kaplan, CK Yayınevi, 2013. |
| 6 | Yeni Cinsel Terapi, Helen S. Kaplan, (Çev. Filiz Bolat), CK Yayınevi, 2014. |
| 7 | Cinsel Terapi, Randolph S. Charlton (Ed), Irvin D. Yalom, Prestij Yayınları, 2007. |
| 8 | Evlilik Terapisi ve Cinsel Terapiyi Bütünleştirmek, Kinik Bir Rehber, Gerald R. Weeks, Larry Hof, Dost Kitabevi, 2012. |
| 9 | Kadınlarda Orgazm Olma Yöntemleri, Julia Heiman Leslie Lopiccolo Joseph Lopiccolo (Çev. Eda Çetin, Elif Küçükvar), Pencere Yayınları, 2003. |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|-----------------------------------------------------------------------------------------------------------------------|
| 1 | Theoretical | Introduction of the Course Content and Program |
| 2 | Theoretical | Sex Therapy Today: Current Issues and Future Perspectives |
| 3 | Theoretical | Sexual Desire/Arousal Disorders in Women |
| 4 | Theoretical | Persistent Genital Arousal Disorder |
| 5 | Theoretical | Orgasmic Disorders in Women |
| 6 | Theoretical | Dyspareunia and Vaginismus - Physical Therapy Management and Treatment of Sexual Pain Disorders |
| 7 | Theoretical | Sexual Desire Disorders in Men - Treatment of Rapid Ejaculation: Psychotherapy, Pharmacotherapy, and Combined Therapy |
| 8 | Intermediate Exam | Midterm Exam |
| 9 | Theoretical | Treatment of Delayed Ejaculation - Erectile Dysfunction: Integration of Medical and Psychological Approaches |



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|----|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 10 | Theoretical | Sexuality and Illness - Sexual Dysfunction and Childhood Sexual Abuse |
| 11 | Theoretical | Therapy with Sexual Minorities - Sexuality and Culture |
| 12 | Theoretical | Paraphilia-Related Disorders - The Evaluation and Treatment of Nonparaphilic Hypersexuality - Sexual Variations and Atypical Sexual Behavior- Gender Dysphoria and Transgender Experiences |
| 13 | Theoretical | Aging and Sexuality |
| 14 | Theoretical | Theories of Sexuality Counseling |
| 15 | Theoretical | Assessment in Sexuality Counseling |
| 16 | Final Exam | Final Exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 0 | 3 | 42 |
| Assignment | 14 | 0 | 3 | 42 |
| Individual Work | 14 | 0 | 2 | 28 |
| Midterm Examination | 1 | 5 | 1 | 6 |
| Final Examination | 1 | 6 | 1 | 7 |
| Total Workload (Hours) | | | | 125 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 5 |

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

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|---|---------------------------------------------------------------------------------|
| 1 | To know the current status of sexual therapy and recognize future perspectives. |
| 2 | To understand female sexual dysfunctions and therapy. |
| 3 | To understand male sexual dysfunction and therapy. |
| 4 | To recognize different concepts related to sexuality |
| 5 | To know the theories about sexuality counseling. |
| 6 | To learn assessment approach and intervention methods in sexuality counseling . |
| 7 | To distinguish sexual therapy technique that can be applied to a case. |

Programme Outcomes (Family Counseling Interdisciplinary Master)

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|----|-------------------------------------------------------------------------------------------|
| 1 | To learn the theories and applications of family and couple counseling |
| 2 | To gain family counseling skills in child and adolescent psychopathology |
| 3 | To apply scientific research methods |
| 4 | To look at parenting from a developmental perspective |
| 5 | Intervention to solve the crisis in the family |
| 6 | To gain communication and conflict resolution skills in the family |
| 7 | To analyze data using advanced statistical methods |
| 8 | To apply the techniques of interview and evaluation with family |
| 9 | To learn divorce mediation |
| 10 | To learn close relationships psychology and the communication between close relationships |
| 11 | To learn the basic theoretical explanations for the psychology of adulthood |
| 12 | To learn developmental psychopathology |
| 13 | To learn sexual dysfunctions and therapy |
| 14 | To learn to look at gender differences from a social psychology perspective |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 | L6 | L7 |
|-----|----|----|----|----|----|----|----|
| P1 | 4 | 5 | 4 | 5 | 5 | 5 | 4 |
| P3 | 3 | 5 | 5 | 5 | 5 | 5 | 5 |
| P5 | 4 | 5 | 4 | 5 | 5 | 5 | 4 |
| P6 | 4 | 5 | 5 | 4 | 5 | 5 | 4 |
| P8 | 4 | 5 | 5 | 5 | 5 | 5 | 4 |
| P9 | 4 | 5 | 5 | 5 | 5 | 5 | 4 |
| P12 | 5 | 5 | 5 | 5 | 5 | 5 | 4 |



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| P13 | 5 | 5 | 5 | 5 | 5 | 5 | 4 |
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