



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		First Aid							
Course Code		ADY201		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	5	Workload	125 ( <i>Hours</i> )	Theory	2	Practice	2	Laboratory	0
Objectives of the Course		To provide the students with the knowledge and skills that can be done until the necessary medical intervention in case of accidents and injuries they may encounter in daily life and working life.							
Course Content		Accidents, first and emergency situations, first and second principles and basic principles, trauma and general body aids, removal and rescue, patient transport and triage, burns and first intervention, poisonings, drowning and water related dangers, cardio- pulmonary resuscitation, regeneration. Definition of occupational diseases, causes and prevention methods, occupational hygiene.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Instructor's lecture notes
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Week	Weekly Detailed Course Contents	
1	Theoretical	First aid basic applications
2	Theoretical	Evaluation of patient and injury
3	Theoretical	Basic life support for adults, children and infants
4	Theoretical	Application of basic life support on model
5	Theoretical	Respiratory tract obstruction and first aid interventions, Heimlich maneuver
6	Theoretical	Bleeds and shock
7	Theoretical	Wounds, burns and heat balance disorders
8	Intermediate Exam	Midterm
9	Theoretical	Fracture, dislocation and sprain, Dressings and bandages
10	Theoretical	Head and spine injuries
11	Theoretical	Other urgencies; heart attack, DM
12	Theoretical	Consciousness deterioration, fainting, coma,
13	Theoretical	Poisoning, Drowning
14	Theoretical	Salvage and transport of wounded
15	Final Exam	Final Exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Lecture - Practice	14	0	2	28
Assignment	2	13	0	26
Midterm Examination	1	16	1	17
Final Examination	1	25	1	26
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5

\*25 hour workload is accepted as 1 ECTS



**Learning Outcomes**

1	Define basic concepts and principles related to first aid
2	Explain special cases that require first aid
3	Identify the characteristics of first aid, give care to the individual in the process of application and evaluation process
4	Defines the ABC of first aid
5	Can treat the injured first aid

**Programme Outcomes (Emergency and Disaster Management)**

1	Improving the ability to cope with life-threatening emergencies
2	The awareness of the necessity of lifelong learning and the ability to do so
3	To be able to use basic science (Mathematics, Chemistry, Physiology, Anatomy etc.) in the field of Emergency Aid and Disaster Management
4	Ability to analyze and interpret hazards and risks
5	Sensitivity to global and local disasters
6	Effective communication skills and foreign language knowledge
7	Skills and creativity in interdisciplinary teams
8	Providing physical and mental stability
9	To be able to organize, search and rescue search and rescue operations
10	To reach sufficient education level to understand the effects of disasters in universal and social dimensions
11	To recognize the cooperation between actors and their actors in Emergency Aid and Disaster Management
12	Emergency Aid and Disaster Management vocational, ethical and social responsibility awareness
13	Ability to assume an educational role in Emergency Aid and Disaster Management
14	To be able to use technology effectively in the field of Emergency Aid and Disaster Management
15	Emergency Aid, Search-Rescue and Disaster Management as a whole and manage emergency situations and responsibility awareness

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	5	5	5	5	5
P2	4	4	4	4	1
P3	1	1	1	1	1
P4	5	5	5	4	
P5	4	4	4	4	4
P6	1	1	1	1	1
P7	2	2	5	2	2
P8	3	3	3	3	2
P9	4	4	4	3	3
P10	2	2	2	3	2
P11	4	4	4	4	2
P12	4	4	4	4	2
P13	5	4	5	3	2
P14	5	4	5	2	2
P15	5	4	5	2	4

