

AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic Activities in Physical Education and Sports								
Course Code		TAB221		Couse Level		Short Cycle (Associate's Degree)				
ECTS Credit	2	Workload	51 (Hours)	Theory	1	Practice	1	Laboratory	0	
Objectives of th	ne Course	To inform the students about all sports branches and to introduce the sports branches practically .								
Course Content		To show basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics branches practically and to direct all students to practice with practice.								
Work Placement		N/A No								
Planned Learning Activities and Teaching Methods			Explanation (Presentation), Demonstration, Individual Study							
Name of Lecturer(s)		Ins. Ayfer ERG	GEZEN							

Assessment Methods and Criteria					
Method	ethod Quantity Percent				
Midterm Examination	1	40			
Final Examination	1	70			

Recommended or Required Reading

1 Yaşar Sevim (Basketball technique, tactic - Handball technical tactic - Coach training principles) etc

Week	Weekly Detailed Course Contents					
1	Practice	Introduction and application of volleyball branch				
2	Practice	Introduction and application of basketball branch				
3	Practice	Introduction and application of Bocce branch				
4	Practice	Introduction and application of football branch				
5	Practice	Presentation and application of table tennis branch				
6	Practice	Introduction and application of tennis branch				
7	Practice	Badminton branch introduction and application				
8	Practice	Badminton branch introduction and application				
9	Theoretical	Presentation and application of futsal branch				
10	Theoretical	Introduction and application of gymnastics				
11	Theoretical	Introduction and application of athletics branch				
12	Theoretical	Introduction and application of bicycle branch				
13	Theoretical	Introduction and application of handball branch				
14	Theoretical	Introduction and application of swimming branch				
15	Final Exam	Final Exam				

Workload Calculation					
Activity	Quantity	Preparation	Duration	Total Workload	
Lecture - Theory	1	0	14	14	
Lecture - Practice	1	0	14	14	
Individual Work	1	10	1	11	
Midterm Examination	1	5	1	6	
Final Examination	1	5	1	6	
	51				
[Total Workload (Hours) / 25*] = ECTS					
*25 hour workload is accepted as 1 ECTS					

Learning Outcomes

- 1 Sufficient information about all sports branches reaches
- 2 It concentrates on sports branch which is talented



3 Will have technical and tactical knowledge
4 Know the benefits of sports for health
5 All sports branches reach the level of practice

Programme Outcomes (Child Care and Youth Services)

- Special EducationInstitutions of children, pre-schoolinstitutionsforchildrenandchildren s clinicsgameroomslastingtreatmentsforchildren, developmentalareas (physical, mental, social, andemotional) support.
- 2 Child personalityand her life togaineducationandtrainingmethodstopreparethepatience, compassion, andtakingintoaccountthechild s personalitycharacteristicsandapply
- Observations on educationandtraining of the children's behavior, abilitytoregulatethedeveloperactivities. Knowsthebasicconcepts of development
- 4 Togivethembybeingwithchildrengoodhabits, badbehaviorwill be eligibletomaketheguidancetotakepreventivemeasuresagainst
- 5 To give drama, painting, music, computer and gymnastics training to children in special education institutions
- 6 Caring for the health and safety measures related to the occupation, maintaining coolness in exceptional situations and applying first aid
- 7 Develops concepts of creativity and creative thinking
- 8 Knows all the educational institutions related to children, their job definitions and functions
- 9 Understand the importance and place of the game in pre-school education
- Gelişimle ilgili temel kavramları bilir ve Fiziksel Zihinsel İşitme, Görme engellilerin Dil gelişimi ve iletişim bozukluğu olan çocukların Hasta çocukların tanımı, çeşitlerini, nedenlerini, gelişim özelliklerini ve eğitim ilkelerini kavrar.
- To be able to regularly participate in various scientific, cultural, artistic and sportive activities that facilitate students' adaptation to university life by perceiving the concept of university

Contribution of Learning Outcomes to Programme Outcomes 1: Very Low, 2: Low, 3: Medium, 4: High, 5: Very High

	L1	L2	L3	L4	L5
P1	5	5	4	4	4
P2	4	5	4	4	4
P3	4	4	3	4	4
P4	4	3	3	4	3
P5	3	3	3	4	3
P6	3	3	3	3	3
P7	3	4	3	4	3
P8	3	4	4	4	3
P9	3	3	5	4	3
P10	2	3	4	3	3
P11	4	4	4	3	3

