



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Child Psychology and Mental Health							
Course Code		ÇGP201		Course Level		Short Cycle (Associate's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		In this course, it is aimed that the students will learn about child recognition, defense mechanisms, children recognition techniques, psychological problems and problem solving skills, recognition of the sources of adaptation and behavioral problems in children, creating balanced personality in children.							
Course Content		Definition and Importance of Mental Health, Factors Affecting Mental Health, Effects of Special Conditions on Mental Health, Defense Mechanisms, Mental Health Theories, Mental Disorders in Children, Emotional Disorders in Children, Childhood Behavior and Adaptation Problems, Child Mental Health Methods, Creating Balanced Personality in Children							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Project Based Study, Individual Study, Problem Solving					
Name of Lecturer(s)		Ins. Gökçen AKBABAOĞLU							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

### Recommended or Required Reading

1	Mental Health in Children.
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Week	Weekly Detailed Course Contents	
1	Theoretical	Definition and Importance of Mental Health
2	Theoretical	Factors Affecting Mental Health
3	Theoretical	The Effects of Special Situations of Children on Mental Health
4	Theoretical	Theories of Mental Health
5	Theoretical	Theories of Mental Health
6	Theoretical	Defense Mechanisms
7	Theoretical	Mental Health Film screening and discussion
8	Intermediate Exam	Midterm
9	Theoretical	Mental Disorders in Children
10	Theoretical	Emotional Disorders in Children
11	Theoretical	Film screening and discussion on children's mental disorders
12	Theoretical	Childhood Behavior and Adaptation Problems
13	Theoretical	Methods Used in Child Mental Health
14	Theoretical	Creating Balanced Personality in Children
15	Theoretical	exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	3	42
Individual Work	14	1	1	28
Midterm Examination	1	1	1	2
Final Examination	1	2	1	3
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				



**Learning Outcomes**

1	Will be able to define and explain the importance of mental health.
2	Define defense mechanisms.
3	Will be able to explain child recognition techniques.
4	Will be able to explain the causes of behavioral and adjustment problems in children.
5	Explain the methods of creating balanced personality in children.

**Programme Outcomes (Child Care and Youth Services)**

1	Special EducationInstitutions of children, pre-schoolinstitutionsforchildrenandchildren s clinicsgameroomslastingtreatmentsforchildren, developmentalareas (physical, mental, social, andemotional) support.
2	Child personalityand her life togaineducationandtrainingmethodstopreparethepatience, compassion, andtakingintoaccountthechild s personalitycharacteristicsandapply
3	Observations on educationandtraining of thechildren s behavior, abilitytoregulatethedeveloperactivities. Knowsthebasicconcepts of development
4	Togivethembybeingwithchildrengoodhabits, badbehaviorwill be eligible to maketheguidancetotakepreventivemeasuresagainst
5	To give drama, painting, music, computer and gymnastics training to children in special education institutions
6	Caring for the health and safety measures related to the occupation, maintaining coolness in exceptional situations and applying first aid
7	Develops concepts of creativity and creative thinking
8	Knows all the educational institutions related to children, their job definitions and functions
9	Understand the importance and place of the game in pre-school education
10	Gelişimle ilgili temel kavramları bilir ve Fiziksel Zihinsel İşitme, Görme engellilerin Dil gelişimi ve iletişim bozukluğu olan çocukların Hasta çocukların tanımı, çeşitlerini, nedenlerini, gelişim özelliklerini ve eğitim ilkelerini kavrar.
11	To be able to regularly participate in various scientific, cultural, artistic and sportive activities that facilitate students' adaptation to university life by perceiving the concept of university

**Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High**

	L1	L2	L3	L4	L5
P1	5	5	5	5	5
P2	5	5	4	5	5
P3	5	5	5	5	5
P4	5	5	5	5	5
P5	5	5	5	5	5
P6	5	5	5	5	5
P7	5	5	5	5	5
P8	5	5	5	5	5
P9	5	5	5	5	5
P10	5	5	5	5	5
P11	5	5	5	5	5

