



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Basic Activities in Physical Education and Sports							
Course Code		TAB221		Couse Level		Short Cycle (Associate's Degree)			
ECTS Credit	2	Workload	51 (<i>Hours</i>)	Theory	1	Practice	1	Laboratory	0
Objectives of the Course		To inform the students about all sports branches and to introduce the sports branches practically .							
Course Content		To show basketball, volleyball, handball, tennis, badminton, football, table tennis, athletics branches practically and to direct all students to practice with practice.							
Work Placement		N/A No							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Individual Study					
Name of Lecturer(s)		Ins. Ayfer ERGEZEN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Yaşar Sevim (Basketball technique, tactic - Handball technical tactic - Coach training principles) etc
---	-------------------------------------------------------------------------------------------------------------

Week	Weekly Detailed Course Contents	
1	Practice	Introduction and application of volleyball branch
2	Practice	Introduction and application of basketball branch
3	Practice	Introduction and application of Bocce branch
4	Practice	Introduction and application of football branch
5	Practice	Presentation and application of table tennis branch
6	Practice	Introduction and application of tennis branch
7	Practice	Badminton branch introduction and application
8	Practice	Badminton branch introduction and application
9	Theoretical	Presentation and application of futsal branch
10	Theoretical	Introduction and application of gymnastics
11	Theoretical	Introduction and application of athletics branch
12	Theoretical	Introduction and application of bicycle branch
13	Theoretical	Introduction and application of handball branch
14	Theoretical	Introduction and application of swimming branch
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	1	0	14	14
Lecture - Practice	1	0	14	14
Individual Work	1	10	1	11
Midterm Examination	1	5	1	6
Final Examination	1	5	1	6
Total Workload (Hours)				51
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	Sufficient information about all sports branches reaches
2	It concentrates on sports branch which is talented



3	Will have technical and tactical knowledge
4	Know the benefits of sports for health
5	All sports branches reach the level of practice

Programme Outcomes (Fruit and Vegetables Processing Technology)

1	To be able to understand social, cultural and social responsibilities and to have the ability to follow national and international contemporary
2	In line with the principles and reforms of Atatürk; Adopting the national, moral, spiritual and cultural values ??of the Turkish Nation, open to universal and contemporary developments, the Turkish language is a rich, rooted and productive language; love and awareness of language; to have the ability to use the foreign language sufficiently and with the habit of reading and professionally.
3	To know the basic hardware units and operating systems of computer, internet to be able to prepare documents, spreadsheets and presentations on the computer by using office programs
4	Gains the theoretical and practical knowledge at the basic level in mathematics, science and professional fields
5	Recognize and analyze the problems with the knowledge of fruit and vegetable technology in the field, interpret the data and propose solutions.
6	According to the prepared work plan and program in laboratories, it can carry out the necessary works to obtain the desired quality product.
7	To have professional and ethical responsibility in business life.
8	It is open to development and change, follows scientific social and cultural innovations and constantly improves itself.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4
P1	5	5	5	5
P2	3	3	3	3
P3	1	1	1	1
P4	1	1	1	1
P5	1	1	1	1
P6	1	1	1	1
P7	1	1	1	1
P8	5	5	5	5

