



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Struggling With Addiction							
Course Code		ADG101		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction							
Course Content		Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of struggling with addictions							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Individual Study					
Name of Lecturer(s)		Ins. Gülşah Şükran KALE YOLCU							

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

### Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.
3	Maisto, S. A. (2004). Drug use and abuse (4th ed.). Wadsworth/Thomson Learning.
4	McKim, W. A. (2007). Drugs and behavior: An introduction to behavioral pharmacology. Pearson Education

Week	Weekly Detailed Course Contents	
1	Theoretical	Basic concepts of addiction
2	Theoretical	Basic concepts of addiction
3	Theoretical	Concept of abstinence
4	Theoretical	Concept of tolerance
5	Theoretical	Depressants-I: Coping with alcohol and opiates
6	Theoretical	Stimulants: Coping with Cocaine and Amphetamines
7	Theoretical	The harms of nicotine and caffeine use
8	Theoretical	The harms of nicotine and caffeine use
9	Theoretical	Social and legal aspects of substance abuse
10	Theoretical	Research on addiction
11	Theoretical	Behavioral Addictions
12	Theoretical	Introduction of addiction centers and studies
13	Theoretical	Individual differences in addiction
14	Theoretical	An overview
15	Final Exam	Final exam
16	Final Exam	Final exam

### Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

\*25 hour workload is accepted as 1 ECTS

### Learning Outcomes

1	Knows the causes of psychological addictions
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2	It creates conscious awareness about the struggling with addiction.
3	Gain knowledge about the genetic, physiological and psychological background of addictions
4	Categorizes abused substances
5	Gives examples of use patterns and behavioral effects of abused substances
6	Explain how substances of abuse affect the brain
7	Compares and criticizes information about the subject from non-scientific sources with scientific information.

#### Programme Outcomes (*International Trade and Finance*)

1	To become individuals having high intellectual capacity, improved social skills, positive thinking, the ability to adapt to different environments and institutions
2	To have technical equipment, flexible thinking and action ability and multiple language skills to be capable of working in international platforms
3	To be able to utilize the basic knowledge they obtained with an interdisciplinary approach to business, economics, etc. in creating expertise in the fields of International Trade and Finance in accordance with the requirements of the globalized business world
4	To develop suggested solutions and recommendations by informing the people and institutions predicting regional, national and international problems in the fields of international trade and finance with a proactive approach
5	To possess the ability of analytical thinking and the ability to synthesize with quantitative proficiency as required in the program
6	To have the characteristics to inquire and investigate the knowledge and skills acquired during the education process in relation to the requirements of existing market conditions
7	To identify and analyze the validity of theories related to the international trade and finance and their relationships regarding current conditions
8	To possess the knowledge of a second foreign language to the extent of their individual abilities, besides the competency in the English language to be able to communicate effectively
9	To have the qualifications of managing and being managed to solve existing and potential problems encountered in practice
10	To be able to organize activities that will contribute to the personal and professional development of the employees in the department where he/she holds an executive position

#### Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7
P1	3	4	4	4	2	3	3
P2	3	5	4	4	2	3	3
P3	4	5	4	3	3	3	3
P4	5	5	4	3	4	3	3
P5	5	5	4	2	4	3	3
P6	5	5	4	2	3	3	3
P7	5	5	5	3	3	3	3
P8	5	5	5	3	3	3	3
P9	5	4	5	4	3	2	3
P10	2	4	5	4	4	2	3

