



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

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|--|---|---|------------|--|---|----------------------------------|---|------------|---|
| Course Title | | Basic Health and Disease Information | | | | | | | |
| Course Code | | ÇGE110 | | Course Level | | Short Cycle (Associate's Degree) | | | |
| ECTS Credit | 2 | Workload | 50 (Hours) | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | In this course, students will be informed about health, illness and infection concepts and health services, personal hygiene and nutrition. | | | | | | | |
| Course Content | | Health, Disease, Infection Concepts, Basic Health Services, Preventive Health Services, Personal Hygiene and Nutrition | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion | | | | | |
| Name of Lecturer(s) | | | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|---------------------|----------|----------------|
| Midterm Examination | 1 | 40 |
| Final Examination | 1 | 70 |

Recommended or Required Reading

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| 1 | Sağlık ve İlk Yardım İlker Yılmaz Mehmet Yanardağ Pegem Akademi Yayıncılık |
| 2 | Sağlık Sistemleri ve Sağlık Politikası Selin Ertürk Atabey Gazi Kitabevi |
| 3 | Sağlık Sistemleri Metin Ateş Beta Yayınları |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | What is Health? |
| 2 | Theoretical | Primary Health Care Services |
| 3 | Theoretical | Primary Health Care Services |
| 4 | Theoretical | Preventive Health Services |
| 5 | Theoretical | Personal Protective Health Care |
| 6 | Theoretical | Personal Protective Health Care |
| 7 | Theoretical | Preventive Health Services for the Environment |
| 8 | Theoretical | Preventive Health Services for the Environment |
| 9 | Intermediate Exam | Midterm Exam |
| 10 | Theoretical | What is Disease? |
| 11 | Theoretical | What is Infection? |
| 12 | Theoretical | Personal Hygiene and Nutrition |
| 13 | Theoretical | Food Hygiene |
| 14 | Theoretical | Physics Activity |
| 15 | Theoretical | Adequate and Balanced Nutrition |
| 16 | Final Exam | Final Exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---------------------|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 0 | 2 | 28 |
| Assignment | 2 | 0 | 2 | 4 |
| Individual Work | 3 | 0 | 2 | 6 |
| Midterm Examination | 1 | 5 | 1 | 6 |



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|---|---|---|---|----|
| Final Examination | 1 | 5 | 1 | 6 |
| Total Workload (Hours) | | | | 50 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 2 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

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|---|--|
| 1 | Know health services. |
| 2 | Comprehend the preventive health services for the individual. |
| 3 | Comprehend the preventive health services for the environment. |
| 4 | Explain the concepts of health and disease. |
| 5 | Apply the principles of personal care and health. |

Programme Outcomes (Cosmetic Technology)

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|----|--|
| 1 | To define and classify cosmetics. |
| 2 | To learn the classification of cosmetic raw materials, purposes, products to use and what properties should be carried. |
| 3 | To describe and classify toxicity, to learn toxic substances and analyze methods. |
| 4 | To learn laboratory safety, to apply safety precautions when working with dangerous chemicals. |
| 5 | To learn and apply necessary tests for cosmetic raw materials, intermediates and finished products. |
| 6 | To perform a scientific study, analyze study and report results of study scientifically. |
| 7 | To interpret experimental results, to evaluate data in point of cosmetic science. |
| 8 | To act in accordance with the principles of ethics, to have awareness of professional and ethical responsibility. |
| 9 | To be individuals who are committed to Atatürk's Principles and Revolutions, contemporary, democratic, secular, protecting and developing their country, protecting their nation, respecting human rights, protecting nature, non-discriminatory, adhering to their traditions and customs, and protecting their values. |
| 10 | To be an individual who has completed his personal development, can adapt to society and contribute positively |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | L1 | L2 | L3 | L4 | L5 |
|-----|----|----|----|----|----|
| P3 | 3 | 4 | 4 | 3 | 4 |
| P4 | 3 | 4 | 4 | 3 | 3 |
| P10 | 2 | 2 | 2 | 2 | 2 |

