



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Short Term Solution Focused Therapy							
Course Code		PDR513		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	5	Workload	125 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The main objective of this course is to improve students' skills for psychological counseling							
Course Content		To improve skills of individual counseling.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Demonstration, Discussion, Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	60

Recommended or Required Reading

1	Akkoyun, F. 1994; Yardım becerileri alıştırımları (Temel eğitim programı), Form Ofset, Ankara
2	Corey, G. 2008; Psikolojik Danışma, Psikoterapi Kuram ve Uygulamaları, Mentis Yayıncılık, Ankara

Week	Weekly Detailed Course Contents	
1	Theoretical	Skills of individual counseling
2	Theoretical	Characteristics of efficient guidance counselor
3	Theoretical	Effective listening
4	Theoretical	Tangibility
5	Theoretical	Empathy
6	Theoretical	Sincereness and respect
7	Theoretical	Skills of stage
8	Intermediate Exam	Midterm Exam
9	Theoretical	Skills of stage
10	Theoretical	Combining of stage
11	Theoretical	Therapeutic relations
12	Theoretical	Transparency
13	Theoretical	Self disclosure
14	Theoretical	Self disclosure
15	Theoretical	General evaluation
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	3	3	84
Assignment	1	11	3	14
Midterm Examination	1	10	3	13
Final Examination	1	10	4	14
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5

*25 hour workload is accepted as 1 ECTS

Learning Outcomes

1	To improve the skills of individual counseling
2	To get knowledge about the personal characteristics of an effective counselor



3	To improve effective listening
4	To improve the tangibility skill
5	To get knowledge about empathy
6	To improve the skills of stages

Programme Outcomes (Guidance and Counseling Master)

1	To deepen the general knowledge in the field of guidance and psychological counseling within the framework of basic theories and practices, to have a comprehensive understanding of guidance and psychological counseling theories and models
2	Ability to apply appropriate psychological counseling skills, interventions and strategies at school level by conceptualizing child and adolescent clients' problems within the framework of psychological counseling theories.
3	Establishing, maintaining and terminating the professional help relationship by making use of psychotherapeutic theories, skills and conditions so that children and adolescents can recognize, understand, accept and develop themselves.
4	Knows contemporary educational theories and approaches, using these theories and approaches while supporting the development of the individual, society and education system
5	To have an understanding of the expertise area of psychological counseling on the basis of school
6	Developing a unique understanding of psychological counseling on a school basis
7	To follow national and international publications in the field of guidance and psychological counseling and to follow scientific activities (congress, summer school programs) publications.
8	Carrying out the necessary studies for the implementation of psychological counseling and guidance programs to the life of the clients and the continuous development of the clients.
9	To be able to conduct scientific research in the field of guidance and psychological counseling.
10	Being able to pay attention to prioritizing the scientific method and perspective in their work.
11	To be able to establish and maintain the determination of guidance and psychological counseling services in school-based services in accordance with ethical principles, rules and laws.
12	Being determined to act in accordance with school psychological counseling professional identity
13	Developing culture sensitive psychological counseling skills and using them in school practices.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6
P1	4	5	3	4	4	5
P2	4	4	5	4	4	5
P3	4	5	4	4	4	5
P4	4	4	5	4	4	5
P5	5	5	4	5	4	5
P6	4	4	5	4	4	5
P7	5	5	4	5	4	5
P8	4	4	5	4	4	5
P9	5	3	4	5	4	5
P10	4	4	5	4	4	5
P11	5	5	4	5	5	5
P12	4	3	5	4	5	5
P13	5	4	4	5	5	5

