



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Contemporary Family Counseling Theory and Applications							
Course Code		PDR519		Course Level		Second Cycle (Master's Degree)			
ECTS Credit	5	Workload	125 (<i>Hours</i>)	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		Understanding the importance of mental health in the family and giving information about family counseling theories and information.							
Course Content		Family relations and mental health, goals, principles and techniques of family counseling, some aids that can be made for the development of family relationships, major family counseling theories, principles, techniques and practices that form the basis of theories.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Project Based Study, Individual Study					
Name of Lecturer(s)		Assoc. Prof. Didem AYDOĞAN							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Assignment	4	40
Project	1	60

Recommended or Required Reading

1	Akbaş, T. & Özabacı, N. (2019). Family counseling with theories and practices. Ankara: Pegem Publishing
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Week	Weekly Detailed Course Contents	
1	Theoretical	What is the family?
2	Theoretical	Psychological Counseling Process and Family Counseling
3	Theoretical	Psychological Counseling Process and Family Counseling
4	Theoretical	Psychoanalytic Family Counseling
5	Theoretical	Psychoanalytic Family Counseling
6	Theoretical	Structural Family Counseling
7	Theoretical	Experiential / Humanitarian Family Counseling
8	Intermediate Exam	Midterm Exam
9	Theoretical	Strategic Family Counseling
10	Theoretical	Cognitive / Behavioral Family Counseling
11	Theoretical	Short Term Family Counseling
12	Theoretical	Emotion-oriented therapy
13	Theoretical	Culture sensitive family counseling
14	Theoretical	Family counseling and ethics
15	Theoretical	General Evaluation
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	0	28
Assignment	4	8	0	32
Project	1	48	0	48
Reading	3	1	0	3
Individual Work	4	2	0	8
Quiz	2	1	0	2
Midterm Examination	1	2	0	2



Final Examination	1	2	0	2
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Knowing the importance of family mental health
2	Learning and understanding family counseling theories
3	To be able to use family counseling theories
4	Knowing what the family is
5	having information about family counseling and ethics

Programme Outcomes (Guidance and Counseling Master)

1	To deepen the general knowledge in the field of guidance and psychological counseling within the framework of basic theories and practices, to have a comprehensive understanding of guidance and psychological counseling theories and models
2	Ability to apply appropriate psychological counseling skills, interventions and strategies at school level by conceptualizing child and adolescent clients' problems within the framework of psychological counseling theories.
3	Establishing, maintaining and terminating the professional help relationship by making use of psychotherapeutic theories, skills and conditions so that children and adolescents can recognize, understand, accept and develop themselves.
4	Knows contemporary educational theories and approaches, using these theories and approaches while supporting the development of the individual, society and education system
5	To have an understanding of the expertise area of psychological counseling on the basis of school
6	Developing a unique understanding of psychological counseling on a school basis
7	To follow national and international publications in the field of guidance and psychological counseling and to follow scientific activities (congress, summer school programs) publications.
8	Carrying out the necessary studies for the implementation of psychological counseling and guidance programs to the life of the clients and the continuous development of the clients.
9	To be able to conduct scientific research in the field of guidance and psychological counseling.
10	Being able to pay attention to prioritizing the scientific method and perspective in their work.
11	To be able to establish and maintain the determination of guidance and psychological counseling services in school-based services in accordance with ethical principles, rules and laws.
12	Being determined to act in accordance with school psychological counseling professional identity
13	Developing culture sensitive psychological counseling skills and using them in school practices.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5
P1	4	5	4	5	4
P2	5	5	5	5	4
P3	4	5	4	5	5
P4	5	4	5	5	5
P5	5	4	5	4	5
P6	4	5	4	4	5
P7	4	4	5	5	4
P8	5	5	5	5	4
P9	5	4	5	4	5
P10	4	5	5	5	5
P11	4	4	4	4	5
P12	5	5	5	5	5
P13	5	4	4	5	5

