



## AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Psychological Counseling In Schools With Groups Applications							
Course Code		PDR508		Couse Level		Second Cycle (Master's Degree)			
ECTS Credit	5	Workload	125 ( <i>Hours</i> )	Theory	3	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to provide theoretical knowledge about group counseling that can be applied in schools, techniques that can be used in group counseling and gain skills related to group-based preventive studies.							
Course Content		This course includes the aims, principles and basic concepts of group psychological counseling based on school-based group counseling practices and group-based preventive counseling practices.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study, Individual Study					
Name of Lecturer(s)									

### Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	30
Term Assignment	1	30

### Recommended or Required Reading

1	Aydoğan, D. & Madzwamuse, S. (2019). Okullarda Yılmazlığı Güçlendirme El Kitabı: Tüm Okul Yaklaşımı. Ankara: PegemA Akademi
2	Corey, G. (2000). Theory and Practice of Group Counseling. (5th Ed.).Pasific Grove: Brooks/Cole
3	Gazda, G. M., Ginter, E. J., & Horne, A. M. (2001). Group Counseling and Group Psychotherapy; Theory and Application.Boston: Allyn and Bacon
4	Korkut Owen, F. (2015). Okul Temelli Önleyici Rehberlik ve Psikolojik Danışma. Ankara: ANI Yayıncılık
5	Naar, Ray (1987). Grup Psikoterapilerine İlk Adım (Çev. Nesrin Hisli), İzmir: Erdem Kitabevi Yayınları
6	Savi-Çakar, F. (2018). Önleyici Psikolojik Danışma Kuram ve Uygulamaları. Ankara: PegemA Akademi
7	Voltan-Acar, N. (2002). Grupla Psikolojik Danışmada Alıştırmalar-Deneyler. Ankara: Nobel Yayın Dağıtım.
8	Voltan-Acar, N. (2003). Grupla Psikolojik Danışma İlke ve Teknikleri. (4. Baskı). Ankara: Nobel Yayın Dağıtım
9	Tan, Hasan (1986). Psikolojik Yardım İlişkileri: Danışma ve Psikoterapi. İstanbul: Milli Eğitim Basımevi.
10	Yalom, Irvin D. (1998). Kısa Süreli Grup Terapileri: İlkeler ve Teknikler (Çev. Nesrin Hisli Şahin), Ankara Türk Psikologlar Derneği Yayınları, No: 18.

Week	Weekly Detailed Course Contents	
1	Theoretical	Aims, principles and basic concepts of group counseling
2	Theoretical	Group types and features
3	Theoretical	Group leader, group plan and group organization
4	Theoretical	The stages of the group
5	Theoretical	Activities used in group counseling
6	Theoretical	Theoretical approach to group-based preventive psychological counseling work in schools
7	Theoretical	Strengthening resilience in schools
8	Intermediate Exam	Midterm exam
9	Theoretical	Group counseling practices to improve positive mental health against Covid-19 pandemics in schools
10	Theoretical	Group counseling practices to prevent problematic internet use in children and adolescents
11	Theoretical	Group counseling practices in children and adolescents who are victims of violence and abuse
12	Theoretical	Forced migration and group counseling with refugee children and adolescents
13	Theoretical	Group studies to prevent drug use in children and adolescents
14	Theoretical	Approaches to developing group-based life skills
15	Theoretical	Evaluation and termination
16	Final Exam	Final exam



**Workload Calculation**

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	2	5	98
Term Project	1	3	7	10
Midterm Examination	1	5	2	7
Final Examination	1	7	3	10
Total Workload (Hours)				125
[Total Workload (Hours) / 25*] = ECTS				5

\*25 hour workload is accepted as 1 ECTS

**Learning Outcomes**

1	To be able to know the aims and principles of psychological group counseling
2	To be able to apply the principles of group counseling to the counseling environment
3	To be able to realize her/his role as a group leader
4	To be able to realize the effect of therapeutic forces in the group
5	To be able to know the group types and properties
6	To be able to know and to apply exercises that may be necessary in the group
7	To be able to cope with resistance and transference in the group
8	To be able to recognize risk and protective factors in children and adolescents
9	To be able to comprehend the importance of preventive psychological group counseling studies in different groups in schools

**Programme Outcomes (Guidance and Counseling Master)**

1	To deepen the general knowledge in the field of guidance and psychological counseling within the framework of basic theories and practices, to have a comprehensive understanding of guidance and psychological counseling theories and models
2	Ability to apply appropriate psychological counseling skills, interventions and strategies at school level by conceptualizing child and adolescent clients' problems within the framework of psychological counseling theories.
3	Establishing, maintaining and terminating the professional help relationship by making use of psychotherapeutic theories, skills and conditions so that children and adolescents can recognize, understand, accept and develop themselves.
4	Knows contemporary educational theories and approaches, using these theories and approaches while supporting the development of the individual, society and education system
5	To have an understanding of the expertise area of psychological counseling on the basis of school
6	Developing a unique understanding of psychological counseling on a school basis
7	To follow national and international publications in the field of guidance and psychological counseling and to follow scientific activities (congress, summer school programs) publications.
8	Carrying out the necessary studies for the implementation of psychological counseling and guidance programs to the life of the clients and the continuous development of the clients.
9	To be able to conduct scientific research in the field of guidance and psychological counseling.
10	Being able to pay attention to prioritizing the scientific method and perspective in their work.
11	To be able to establish and maintain the determination of guidance and psychological counseling services in school-based services in accordance with ethical principles, rules and laws.
12	Being determined to act in accordance with school psychological counseling professional identity
13	Developing culture sensitive psychological counseling skills and using them in school practices.

**Contribution of Learning Outcomes to Programme Outcomes** 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9
P1	5	5	4	5	5	4	5	4	5
P2	5	4	5	4	5	5	4	5	4
P3	4	5	4	5	4	4	5	5	5
P4	4	4	5	5	5	5	4	5	5
P5	5	5	4	5	4	5	5	4	5
P6	4	5	5	4	5	5	5	4	5
P7	4	4	5	5	4	4	5	5	4
P8	5	4	4	5	4	5	4	5	5
P9	5	5	4	5	5	5	4	5	4
P10	5	5	5	4	5	5	4	5	4
P11	4	5	5	5	4	5	5	4	5
P12	4	4	4	5	5	5	5	5	4



P13	5	4	5	4	5	4	4	5	5
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