



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Techniques of Effective Learning and Studying							
Course Code		EBB212		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		In this course it is aimed to practice acts related to skills, techniques, and strategies for learning effectively and studying, and how to apply these skills, and techniques and strategies to some cases.							
Course Content		Basic concepts related to effective learning and study, effective factors affecting learning: the attitudes, motivation, time management, anxiety, attention, information processing, selecting main ideas, help work items, self-test; effective learning and studying techniques: effective reading , effective listening and note-taking techniques, effective writing and facilitation techniques to remember, effective thinking, effective speaking, test-taking strategies.							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Case Study, Individual Study, Problem Solving					
Name of Lecturer(s)									

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Baltaş, A. (2005). Stres Altında Ezilmeden Öğrenmede ve Sınavlarda Üstün Başarı. İstanbul: Remzi Kitabevi.
2	Doğanay, A., Yıldırım, A. ve Türkoğlu, A. (2000). Okulda Başarı için Ders Çalışma ve Öğrenme Yöntemleri. Ankara: Seçkin Kitabevi.
3	Özarpınar, Yılmaz. (1998). Verimli Ders Çalışmanın Psikolojik Koşulları. EpsilonYayıncılık

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction and structuring the syllabus with the students.
2	Theoretical	Why study habits and learning effectively? The learning process.
3	Theoretical	Study Planning
4	Theoretical	Effective Reading
5	Theoretical	Effective Listening
6	Theoretical	Effective Note-Taking
7	Theoretical	Participation to the course
8	Theoretical	Effective Writing
9	Intermediate Exam	Midterm Exam
10	Theoretical	Using the library
11	Theoretical	Preparation for the exam and taking the exam
12	Theoretical	Motivation
13	Theoretical	Motivation
14	Theoretical	Health and nutrition
15	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	0	2	28
Assignment	5	0	5	25
Individual Work	7	0	1	7
Midterm Examination	1	6	1	7



Final Examination	1	7	1	8
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	To be able to use effective learning and study techniques in daily life efficiently.
2	To be able to recognizing the problems related to studying and to solve them.
3	Gains responsibility for effective study
4	Be planned
5	Gains effective note- taking skills.
6	Acquires effective reading, writing and listening skills.

Programme Outcomes (Social Studies Teacher Education)

1	To be able to gain subject knowledge of profession in theory and practice in the learning process.
2	To be able to make plans related to the subject-matter and gain the competence of using the appropriate approach, strategy, technique for the plans in the learning process.
3	To be able to gain skills of the teaching profession in the learning process.
4	To be able to implement teaching profession knowledge, skills, attitudes and habits related to the subject-matter in a real teaching and learning environment in the learning process.
5	To be able to comprehend contemporary approaches of education and the philosophies they are based on.
6	To be able to gain the basic skills such as comprehending, expressing, commenting, evaluating, being aware and enterprising, communicating, acknowledging the individual related to the subject-matter.
7	To be able to become individuals faithful to the Principles and Revolutions of Ataturk, be modern democratic, secular, protecting and deveoping one's country, being alive to the nation, respecting human rights, preserving the nature, not being discriminatory, giving importance to the traditions and customs, protecting the values
8	To be able to improve oneself in terms of sport, art and culture.
9	To be able to become individuals believing in lifelong learning.
10	To be able to educate individuals who keep up with developments in social, economic, technological and scientific areas, who investigate the main reasons of World problems and try to contribute to the solution of these problems.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L5
P3	4
P5	4

