



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title		Addiction and Fighting Addiction							
Course Code		EFS152		Course Level		First Cycle (Bachelor's Degree)			
ECTS Credit	3	Workload	75 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course		The aim of this course is to discuss the dependency in terms of theoretical knowledge and to inform about the existing services for the prevention of addiction.							
Course Content		Definition and scope of addiction. Substance addictions are caused by social - psychological problems and health problems. Legal and illegal substances Virtual addictions (video game, social media, pornographic content, etc.) and social problems caused by health problems. National policies and strategy methods for the prevention and intervention of addiction							
Work Placement		N/A							
Planned Learning Activities and Teaching Methods				Explanation (Presentation), Discussion, Case Study					
Name of Lecturer(s)		Assoc. Prof. Eyüp YILMAZ							

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Midterm Examination	1	40
Final Examination	1	70

Recommended or Required Reading

1	Günüç, S. ve Yılmaz, E. (2021). Eyvah! Çocuğum oyun bağımlısı mı? Ankara: Eğiten
2	Tarhan, N. ve Nurmedov, S. (2019). Bağımlılık: Sanal veya gerçek bağımlılıkla başa çıkma. İstanbul: Timaş
3	Ercan-Yeltepe, H. (2013). Bağımlılık tedavisinde egzersiz terapisi. Ankara: Nobel.
4	Ögel, K. (2010). Sigara, alkol ve madde kullanım bozuklukları: Tanı, tedavi ve önleme. İstanbul, Yeniden.

Week	Weekly Detailed Course Contents	
1	Theoretical	Introduction-Course introduction
2	Theoretical	The concept of addiction, its history and types
3	Theoretical	Addiction symptoms
4	Theoretical	The brain and addiction
5	Theoretical	Behavioral addictions
6	Theoretical	Behavioral addictions
7	Theoretical	Chemical addictions
8	Theoretical	Chemical addictions
9	Theoretical	Processes leading to addiction and their results
10	Theoretical	Addiction prevention strategies
11	Theoretical	Addiction prevention strategies
12	Theoretical	Methods used in the treatment of addiction
13	Theoretical	Methods used in the treatment of addiction
14	Theoretical	Other topics that help with addiction treatment
15	Theoretical	General assessment
16	Final Exam	Final Exam

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Individual Work	14	0	1	14
Midterm Examination	1	6	1	7



Final Examination	1	10	2	12
Total Workload (Hours)				75
[Total Workload (Hours) / 25*] = ECTS				3
*25 hour workload is accepted as 1 ECTS				

Learning Outcomes

1	Defines concepts related to addiction
2	Defines the types of addiction
3	Makes theoretical explanations related to addiction
4	Explains developmental processes related to addiction
5	Explains the social-emotional learning processes related to addiction
6	Knows the threats of risk factors according to type of dependency, takes responsibility within the limits of their duty
7	Knows the principles of preparing individual and group intervention programs related to addiction for educational environments
8	Knows the national policies and strategy methods related to the prevention and intervention of addiction
9	Works in cooperation with the relevant institutions and persons for the prevention and intervention of addiction.

Programme Outcomes (Science Teacher Education)

1	To be able to gain subject knowledge of profession in theory and practice in the learning process.
2	To be able to gain the competence of using the appropriate approach, strategy, method and technique for the instructional plans to be prepared in the learning process.
3	To be able to gain the skills of the teaching profession in the learning process.
4	To be able to implement teaching profession knowledge, skills, attitudes and habits related to the subject-matter in a real teaching and learning environment in the learning process.
5	To be able to comprehend contemporary approaches of education and the philosophy they are based on.
6	To be able to gain the basic skills such as comprehending, expressing, commenting, evaluating, being aware and enterprising, communicating, acknowledging the individual related to the subject-matter.
7	To be able to become individuals faithful to the Principles and Revolutions of Atatürk, be modern democratic, secular, protecting and developing one's country, being alive to the nation, respecting human rights, preserving the nature, not being discriminatory, giving importance to the traditions and customs, protecting the values
8	To be able to improve oneself in terms of sport, art and culture.
9	To be able to become individuals believing in lifelong learning.
10	To be able to gain the vision of being individuals who keep up with developments in social, economic, technological and scientific areas, who investigate the main reasons of World problems and try to contribute to the solutions of these problems.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8	L9
P1	5	5	5	5	4	4	4	4	4
P2	5	4	5	5	4	4	4	4	4
P3	5	4	5	5	5	5	4	5	4
P4	5	4	5	5	5	5	5	5	5
P5	5	4	5	5	5	5	4	5	5
P6	5	5		4	5	5	4	5	5
P7	5	5	4	5	5	4	5	5	4
P8	5	5	5	4	4	5	5	5	5
P9	5	5	4	5	4	4	5	5	5
P10	5	4	5	4	5	5	5	5	5

