



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

Course Title	Struggling With Addiction								
Course Code	ADG101	Course Level			First Cycle (Bachelor's Degree)				
ECTS Credit	2	Workload	48 (Hours)	Theory	2	Practice	0	Laboratory	0
Objectives of the Course	The aim of this course is to introduce individual and institutional strategies for combating addiction, enabling students to understand the processes of prevention, treatment, and access to support services. Throughout the course, students will become familiar with organizations involved in addiction response, analyze help-seeking pathways, evaluate individual prevention and protection strategies, and develop awareness of the social impacts of addiction.								
Course Content	This course focuses on the types of addiction, their effects on individuals and society, national and international strategies for combating addiction, and the organizations that provide support—including public institutions, private services, and NGOs. It also covers help-seeking behaviors, referral processes for treatment, the functioning of social support systems, and individual prevention strategies aimed at reducing the risk of developing addiction.								
Work Placement	N/A								
Planned Learning Activities and Teaching Methods	Explanation (Presentation), Discussion, Individual Study								
Name of Lecturer(s)	Assoc. Prof. Mehmet Metin DAM, Ins. Ceren DEMİROK, Ins. Halil ŞİMŞEK, Ins. Necmettin PARLAK, Ins. Özden DEMİRCİOĞLU FAYDALIGÜL, Lec. Birsen KIRIM, Lec. Esmâ Gül YETİŞ DOĞAN, Lec. Gözde ALP, Lec. Gülşah Şükran KALE YOLCU, Lec. Hatice CAN, Lec. Murat ŞENAVCI, Lec. Osman DERTLİ, Lec. Ömer URANBEY, Lec. Süleyman DAL, Lec. Yılmaz ERDEM, Res. Assist. Batuhan ÇULLU, Res. Assist. Burcu DEMİRDÖVEN								

Assessment Methods and Criteria

Method	Quantity	Percentage (%)
Final Examination	1	100

Recommended or Required Reading

1	DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003).
2	Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi.
3	Kısaç, İ., Aydın, D., & Erzen, E. (Eds.). (2024). Addiction and combating addictions: Types, causes, and proposed solutions. Kronik Publishing.
4	Şahin, C., Özkan, A., & Bulut, Y. E. (Eds.). (2023). Addiction from all perspectives. Pegem Academy.

Week Weekly Detailed Course Contents & Teaching Methods

Week	Weekly Detailed Course Contents & Teaching Methods
1	Theoretical The Concept of Addiction and Its Scientific Foundations
2	Theoretical Types of Addiction and Classification Systems
3	Theoretical Addictive Substances: Effects and Patterns of Use
4	Theoretical Tobacco Use and Nicotine Dependence
5	Theoretical Alcohol Use and Alcohol Dependence
6	Theoretical Behavioral Addictions and Digital Technology Use
7	Theoretical Biopsychosocial Dynamics of Addiction
8	Theoretical Historical Development and Societal Reflections of Addiction
9	Theoretical Global and National Trends in Substance Use
10	Theoretical Psychosocial Characteristics of Individuals with Addiction
11	Theoretical Life and Social Problems Associated with Addiction
12	Theoretical Organizational Structures Addressing Addiction in Turkey
13	Theoretical Public Policies and Institutional Intervention Approaches
14	Theoretical Individual Prevention and Intervention Strategies for Addiction

Workload Calculation

Activity	Quantity	Preparation	Duration	Total Workload
Lecture - Theory	14	1	2	42
Final Examination	1	4	2	6
Total Workload (Hours)				48
[Total Workload (Hours) / 25*] = ECTS				2

*25 hour workload is accepted as 1 ECTS



Learning Outcomes

1	Recognizes types of addiction and their effects on individuals and society
2	Knows national and international strategies for combating addiction.
3	Recognizes public institutions, private organizations, and NGOs involved in combating addiction.
4	Analyzes help-seeking behaviors and referral processes for addiction treatment.
5	Evaluates social support systems used in combating addiction.
6	Explains individual protection and prevention strategies for addiction.
7	Discusses ethical principles and intervention methods in combating addiction.
8	Develops an individual or institutional intervention plan.

Programme Outcomes (Economics)

1	Understands the fundamental concepts and theories of economics and analyzes economic events within microeconomic and macroeconomic frameworks.
2	Comprehends the historical development of economic theories and applies them to current economic issues.
3	Follows, analyzes, and evaluates international, national, regional and sectoral economic developments within the scope of economic policies.
4	Understands the connections between economics and related disciplines such as law, business, accounting, finance, and sociology for economic analysis.
5	Designs economic research, collects data using qualitative and quantitative methods, conducts analysis, and interprets results.
6	Tests economic theories using econometric methods and derives scientific and policy recommendations.
7	Uses basic computer programs and statistical software to process, visualize, and interpret economic data.
8	Communicates economic concepts and research findings clearly and effectively, both in writing and verbally, to experts and the general public.
9	Has basic level proficiency in English as a foreign language to follow developments in the field .
10	Works independently, takes initiative, and assumes responsibility in team settings.
11	Adopts a lifelong learning approach and continuously develops critical, analytical, and innovative thinking skills.
12	Conducts economic analyses on sustainable development, income equality, and social welfare while adhering to ethical values and demonstrating social responsibility.

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

	L1	L2	L3	L4	L5	L6	L7	L8
P1	2	2	2	1	1	2	2	
P2	2	2	1	1	1	1	2	
P3	1	1	1	1	1	1	1	3
P4	4	4	3	3	3	3	3	
P5	1	1	1	1	1	1	2	
P6	1	1	1	1	1	1	1	
P7	1	1	1	1	1	1	1	
P8	2	3	2	2	2	2	3	2
P9	1	1	1	1	1	1	1	
P10	3	3	2	2	2	2	3	5
P11	3	4	3	3	3	3	4	5
P12	5	5	4	4	4	4	5	5

