



AYDIN ADNAN MENDERES UNIVERSITY COURSE INFORMATION FORM

| | | | | | | | | | |
|--|---|--|------------|--|---|---------------------------------|---|------------|---|
| Course Title | | Struggling With Addiction | | | | | | | |
| Course Code | | ADG101 | | Course Level | | First Cycle (Bachelor's Degree) | | | |
| ECTS Credit | 2 | Workload | 48 (Hours) | Theory | 2 | Practice | 0 | Laboratory | 0 |
| Objectives of the Course | | Teaching basic information about psychological and physiological addictions and explaining the methods of struggling with addiction | | | | | | | |
| Course Content | | Teaching basic information about the neural basis, determinants and behavioral harmful effects of addiction. Discussing the causes of psychological addictions such as internet addiction and gambling, explaining the methods of struggling with addictions | | | | | | | |
| Work Placement | | N/A | | | | | | | |
| Planned Learning Activities and Teaching Methods | | | | Explanation (Presentation), Discussion, Individual Study | | | | | |
| Name of Lecturer(s) | | Ins. Gülşah Şükran KALE YOLCU | | | | | | | |

Assessment Methods and Criteria

| Method | Quantity | Percentage (%) |
|-------------------|----------|----------------|
| Final Examination | 1 | 100 |

Recommended or Required Reading

| | |
|---|---|
| 1 | DiClemente, C. C. (2016). Bağımlılık ve Değişim (Çev.. Ed. Muzaffer Şahin). Ankara. Nobel Yayıncılık (Orijinal eserin yayın tarihi 2003). |
| 2 | Uzbay, İ. T. (2015). Madde bağımlılığı: Tüm boyutlarıyla bağımlılık ve bağımlılık yapan maddeler. İstanbul Tıp Kitabevi. |
| 3 | Maisto, S. A. (2004). Drug use and abuse (4th ed.). Wadsworth/Thomson Learning. |
| 4 | McKim, W. A. (2007). Drugs and behavior: An introduction to behavioral pharmacology. Pearson Education |

| Week | Weekly Detailed Course Contents | |
|------|---------------------------------|--|
| 1 | Theoretical | Basic concepts of addiction |
| 2 | Theoretical | Basic concepts of addiction |
| 3 | Theoretical | Concept of abstinence |
| 4 | Theoretical | Concept of tolerance |
| 5 | Theoretical | Depressants-I: Coping with alcohol and opiates |
| 6 | Theoretical | Stimulants: Coping with Cocaine and Amphetamines |
| 7 | Theoretical | The harms of nicotine and caffeine use |
| 8 | Theoretical | The harms of nicotine and caffeine use |
| 9 | Theoretical | Social and legal aspects of substance abuse |
| 10 | Theoretical | Research on addiction |
| 11 | Theoretical | Behavioral Addictions |
| 12 | Theoretical | Introduction of addiction centers and studies |
| 13 | Theoretical | Individual differences in addiction |
| 14 | Theoretical | An overview |
| 15 | Final Exam | Final exam |
| 16 | Final Exam | Final exam |

Workload Calculation

| Activity | Quantity | Preparation | Duration | Total Workload |
|---|----------|-------------|----------|----------------|
| Lecture - Theory | 14 | 1 | 2 | 42 |
| Final Examination | 1 | 4 | 2 | 6 |
| Total Workload (Hours) | | | | 48 |
| [Total Workload (Hours) / 25*] = ECTS | | | | 2 |
| *25 hour workload is accepted as 1 ECTS | | | | |

Learning Outcomes

| | |
|---|--|
| 1 | Knows the causes of psychological addictions |
|---|--|



| | |
|---|--|
| 2 | It creates conscious awareness about the struggling with addiction. |
| 3 | Gain knowledge about the genetic, physiological and psychological background of addictions |
| 4 | Categorizes abused substances |
| 5 | Gives examples of use patterns and behavioral effects of abused substances |
| 6 | Explain how substances of abuse affect the brain |
| 7 | Compares and criticizes information about the subject from non-scientific sources with scientific information. |

Programme Outcomes (International Relations)

| | |
|----|---|
| 1 | Students understand, evaluate and implement the basic concept and theories of the discipline of International Relations. |
| 2 | Students examine and follow up the political and social developments in the world. They understand and interpret current issues in the field of International Relations. |
| 3 | Students evaluate and explain international relations from an historical and legal perspective. |
| 4 | Students gain a general vision of international relations and political science. In that respect, they examine and analyze Turkey's place in world politics, its relationship with its neighbors and the world. |
| 5 | Students comprehend local, regional and national developments and establish links between them and global developments. |
| 6 | Students comprehend development processes, structures and functions of international political institutions and international / intergovernmental / regional organizations. |
| 7 | Students conduct research on academic and vocational subjects and interpret numerical and statistical data. |
| 8 | Students use basic computer programs and information technologies. |
| 9 | Students think analytical and critical and produce solutions within cases and problems. |
| 10 | Students follow up scientific studies on International Relations, published in Turkish and foreign languages and prepare and present articles, papers, theses and reports. |
| 11 | Students are open-minded and respectful for others' thoughts and acts. They become socialized well in a social environment. They can express their opinions and thoughts easily. |
| 12 | Students take various tasks as team leader or as a member within the teamwork and are inclined to both teams work and individual work. |
| 13 | Students gain professional knowledge and theoretical background, required by the public sector and the private sector. |

Contribution of Learning Outcomes to Programme Outcomes 1:Very Low, 2:Low, 3:Medium, 4:High, 5:Very High

| | |
|-----|----|
| | L1 |
| P1 | 2 |
| P2 | 2 |
| P3 | 2 |
| P4 | 2 |
| P5 | 2 |
| P6 | 2 |
| P7 | 2 |
| P8 | 2 |
| P9 | 2 |
| P10 | 2 |
| P11 | 2 |
| P12 | 2 |
| P13 | 2 |

